IVIORATION SAC & FOX TRIBE OF THE MISSISSIPPI IN IOWA Volume 19. Issue 09. September 2022



Harvest time has begun on the Settlement. Shelley Buffalo forages for food and medicines while Hazen Ikebe helps pick corn at the Elder's garden.



DIRECTORY

TRIBAL POLICE 484-4844 FOR EMERGENCIES DIAL 911

TRIBAL OPERATIONS

Tribal Center Offices	484-4678
 Attorney General Office 	484-4678
 Child Support Services 	484-9301
• Enrollment	484-9233
 Executive Offices 	484-4678
 Facilities Management 	484-9255
 Family Services 	484-4444
• Fiscal	484-4678
Higher Education	484-3157
Historical Preservation	484-3185
 Housing/Realty 	484-4972
Human Resources	484-4678
 Information Technology 	484-9245
 Language Preservation 	484-3185
Media Services	484-9439
Natural Resources	484-3511
• Police	484-4844
• Prosecutors Office	484-4678
• Public Defender's Office	484-9214
• Public Works	484-4600
Senior Services	484-9224
• Victim Services Crisis Line	
* Answered 24 Hours	481-0334
• Workforce Development	484-9501
Youth Program	484-5369
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MESKWAKI HEALTH SERVICES

Health Clinic	484-4094
 Contract Health Services 	484-9406
 Benefits Coordinator 	484-9404
 Medical Records 	484-9431
CHR Program	484-9419
Diabetes Program	484-9414
 Behavioral Health 	484-9482
Pharmacy	484-9451
• Wellness Center	484-9271

MESKWAKI SETTLEMENT SCHOOL

• Primary	484-4990		
 High School 	484-9000		

MESKWAKI ENTITIES

GAMING COMMISSION	484-1450
HOUSING AUTHORITY	484-6106
MESKWAKI CASINO	484-2108
TRAVEL PLAZA	484-9350
TRIBAL COURT	484-9300
MESKWAKI, INC.	484-3820
PINNACLE BANK (Mtown)	752-2393
PINNACLE BANK (Toledo)	484-7303



SAC & FOX TRIBE OF THE MISSISSIPPI IN IOWA

THE MESKWAKI NATION

349 Meskwaki Road Tama, Iowa 52339

Phone: 641-484-4678 or 800-944-9503

Fax: 641-484-5424

"TO RELY ON THE KNOWLEDGE AND EXPERIENCES
OF THE PAST, ALONG WITH THE WILL TO SURVIVE
TO ADVANCE THE PEOPLE, CULTURE AND
WELL-BEING OF THE MESKWAKI NATION."

Chairman - Vern Jefferson

State, Local & Federal: Term expires November 2025

Vice Chairman - Drayton Roberts

Housing: Term expires November 2023

Member - Clinton Bear

Enrollment: Term expires November 2023

Member - Vance Brown

Agriculture: Term expires November 2025

Tribal Council

Member - Apollo Davenport

Employment: Term expires November 2025

Member - Zane Oldbear

Education: Term expires November 2023

Member - Donica Wanatee

Health: Term expires November 2025

If you have recently moved, please update your address with the Finance Office. Tax documents, checks, the MNT, and other notices are sent to tribal member's addresses on file. Address change forms are available at the front desk of the Tribal Center and available for download on our website at:

WWW.MESKWAKI.ORG

(Click on the Government/Finance links)

Forms can also be mailed, faxed or emailed to you upon request.

NO CHANGES WILL BE ACCEPTED OVER THE PHONE.

If you have questions, please contact Jordan Bear in the Finance Office at 641-484-9202.

Next
TRIBAL
COUNCIL
Meeting

Wednesday, Sept. 7th

@5 pm - 9 pm

Meeting dates / times are subject to change at discretion of the Chairman.

The Meskwaki Nation Times is a monthly publication available to all enrolled adult tribal members by mail. Meskwaki Media Services is a member of the Native American Journalists Association.



The deadline to submit articles for the next edition is:

SEPTEMBER 20, 2022

Articles can be submitted via email to:

MEDIA@MESKWAKI-NSN.GOV

Or mailed to:

Meskwaki Nation Times, Shannon Mitchell - Editor, 1646 305th Street, Tama, Iowa 52339

All articles submitted are subject to approval and/or editing due to the space available.

COMMUNICATION EXCHANGE



CERTIFICATION



Special Election Results

DATE: August 26, 2022

TO: Vern Jefferson, Chairman

FROM: Leigh A. Lasley, Secretary

SUBJECT: Official Results of 2022 Special Election held on August 25, 2022

The Election Committee of the Sac & Fox Tribe of the Mississippi in Iowa having conducted the Special Election on Thursday, August 25, 2022 in accordance with Title 8. Election Code of the Sac & Fox Tribe of the Mississippi in Iowa and counting the votes cast in said election hereby notify you of the following results:

Donica Wanatee (38)

Priscilla Wanatee (29)

Redacted for on-line viewing. Members can go to the member's only section of the website to view.

ATTENTION RETURNED LETTER LIST

The following people need to appear at the Housing Office across the highway from Meskwaki Clinic. You need to update your Housing Application:

Redacted for on-line viewing. Members can go to the member's only section of the website to view.

Taken from Housing Policies & Procedures, page 8:

Sec. 3-2. Applicant Responsibilities.

The applicant is responsible for providing all the necessary information and accurately completing the application as required. The applicant must certify that all information contained in the application is true and accurate to the best of his/her knowledge. The applicant is responsible for making corrections to current contact information by completing an information addendum provided by the Housing Department on an annual basis. Applications must be updated annually. Failure to update an application is grounds for placing the application in an inactive file and removing the applicant from the waiting list.



GRANT AWARDED

The Sac and Fox Tribe of the Mississippi in lowa was awarded approximately \$100,000 through a competitive USDA Farm to School grant. The Warrior Farm to School project will serve the Meskwaki Settlement School's Early Childhood through 12th grade students focusing on expanding the school's garden and food storage to increase capacity for food growth, supporting the purchase of local produce, and introducing tribal foods into the school's diet. Taste testing activities and developing a tribal food sovereignty curriculum to support agricultural education are a couple of outcomes of the grant.

The Sac and Fox Tribe of the Mississippi made a commitment to increasing access to fresh produce through developing a tribal organic farm and community educational programming via Red Earth Gardens and Meskwaki Food Sovereignty. The Warrior Farm to School grant complements the healthy path of ensuring youth has access to fresh & nutritious foods. Meskwaki Settlement School and Meskwaki Food Sovereignty are collaborating to execute and accomplish positive, healthy outcomes. Middle/High School Principal, Clyde Tarrence, added, "We are all in partnership for this grant to work."

"We are delighted to partner with Meskwaki Settlement School and strengthen one of our local foods structures while emphasizing the importance of the health of our children," said Christina Blackcloud, Meskwaki Food Sovereignty Coordinator. "The partnerships bridge much needed actions and voices together while inspiring opportunities for locally grown foods to be more available and supported."

The two-year grant period occurs during the 2022-23 and 2023-24 school years.

MESKWAKI PUBLIC WORKS AND MESKWAKI NATURAL RESOURCES IDENTIFY POISONOUS PLANTS

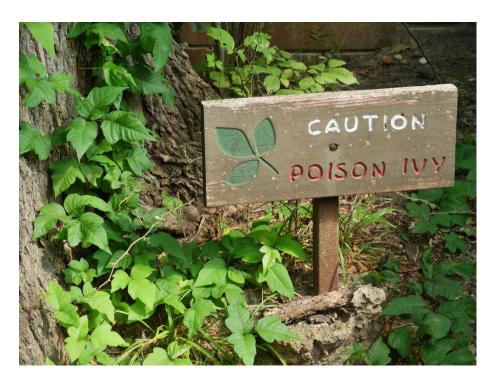
There are several toxic and poisonous plants on the Settlement that Meskwaki Public Works and Natural Resources would like the community to be aware of to avoid. Public Works mows and trims along our roadways to minimize exposure to toxic plants in those heavily travelled areas. Natural Resources monitors invasive and noxious plants and uses several different tools and techniques to reduce their spread.

Even with management, poisonous plants will occur on the Settlement, therefore be aware and learn to identify toxic plants in order to reduce risk of exposure, while still enjoying the beautiful outdoors.



POISON IVY: While some people like to brag that they can roll around in the stuff without seeing a single welt, many people will have an allergic reaction with itching, burning and blisters that develop within 12 to 24 hours after coming in contact with the plant's oil. You might not have a reaction the first time you come in contact with poison ivy, but roughly 85 percent of people will react the second time.

If you think you've had a brush-up with poison ivy, thoroughly wash your



skin with soap and water as soon as possible. Leave shoes outside and wash clothes separately, as the oil can remain on surfaces and cause new flare-ups when you come in contact with it again (but the rash itself is not contagious). It can also remain on a pet's fur without bothering the animal, so be sure to give Fido a good bath too, so you don't break out from petting him.

Poison ivy can take many forms, but when you learn to identify it, it can be easy to avoid. It's not the only plant with three leaves, so look for shiny or dull leaves that are 2 to 5 inches long. And actually, it's three leaflets comprising a single leaf, not individual leaves. The stem won't have thorns or look fuzzy. Poison ivy can grow as a small plant, shrub or as a vine climbing a tree. (See pictures on page 5.) The plant blooms in the spring and has white berries from late summer through winter. Rabbits and other wildlife love snacking on the berries and plants.

Boxelder can look similar to poison ivy, but its leave are opposite each other on the stem, while poison ivy leaves alternate along the stem. Young boxelder leaves can have three leaflets, but older ones on the same plant will have five. Boxelder twigs are green or purple while poison ivy twigs are brown.

While it might be tempting to burn off a patch of poison ivy on your property, the oil remains in the smoke, allowing people to inhale the oil into nasal passages and the lungs. Never burn poison ivy.



WILD PARSNIP: Flowering from May to July, the non-native wild parsnip plant has lacy, yellow-green heads. If its oil touches the skin and then is exposed to sunlight, painful blisters will develop. It doesn't matter if the plant is flowering or not - avoid contact with it at all times.

Often found in great crowds in road ditches, avoid using a lawn string trimmer to remove it, as you'll get

splattered with broken parsnip tissue and have a high exposure to its toxin.

Like poison ivy, wash off as soon as possible after exposure. Prevention is also key here - wear long sleeves and pants, and avoid contact with the plant. Being able to identify wild parsnip is key to avoiding contact with it.



POISON-HEMLOCK: Perhaps the most toxic plant that has been identified growing on the Settlement, it is an invasive species, and so may be new to many longtime residents.

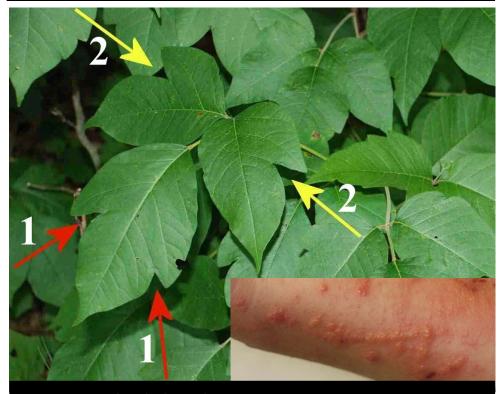
If you happen to find poison hemlock in or near your yard it is advised to properly remove it as soon as possible, especially if there are children around.

Poison-hemlock grows throughout the United States. It is very toxic and sheep, cattle, swine, horses, and other domestic animals are poisoned by eating small amounts of green or dried plant. It is also extremely poisonous to humans.

Poison-hemlock has white flowers that grow in small erect clusters. Each flower develops into a green, deeply ridged fruit that contains several seed. After maturity, the fruit turns grayish brown. Poison-hemlock starts growing in the early spring. It usually grows for 2 years, but in favorable locations it may be a perennial. Roots of poisonhemlock may easily be mistaken for wild parsnips. Poison-hemlock grows along fence lines, in irrigation ditches, and in other moist, waste places. It may be 5 to 9 feet tall. The hollow stem usually is marked with small purple spots. Leaves are delicate, like parsley, and it has a white taproot. Poison-



See how to identify Poison Hemlock above. If you find it, properly remove it as soon as possible. Contact MNR for disposal techniques.



Poison Ivy is not the only plant with three leaves. To identify, look for a single leaf comprised of 3 leaflets that are 2 to 5 inches long.

Poison Ivy can cause a single welt but some people may have an allergic reaction as shown above with itching, burning and blisters.

hemlock is a biennial in the parsnip or wild carrot family.

To the untrained eye poison hemlock can sometimes be confused for some popular foraging plants such as Queen Anne's lace, yarrow, wild fennel, and elderflower.

All parts of poison-hemlock (leaves, stem, fruit, and root) are poisonous. Leaves are especially poisonous in the spring, up to the time the plant flowers. People may be poisoned by eating any part of a hemlock plant. Often, poisoning occurs after the victim confuses hemlock root with wild

parsnips, hemlock leaves with parsley, or hemlock seed with anise. Whistles made from hollow stems of poison-hemlock have caused death in children.

Because of its attractive flowers, poison-hemlock was brought to the United States from Europe as a garden plant. It is moving onto rangelands. Poison-hemlock is found at roadsides, on edges of cultivated fields, along creek beds and irrigation ditches, and in waste areas.

~ Joan Flecksing, MNR Director

Information from: USDA Agricultural Research Service and growforagecook ferment.com



The Wall That Heals, a three-quarter scale replica of the Vietnam Veterans Memorial in Washington, D.C. was located at the Meskwaki Settlement School August 4th to August 7th. Daily ceremonies, including "Meskwaki Day" were observed.















THE WALL THAT HEALS AT MESKWAKI SETTLEMENT SCHOOL















HEMP

SHAPING THINGS UP

Greetings from Meskwaki Hemp Supply, Inc. As the days of summer slowly get shorter as we approach the first day of fall in a few weeks, we have been transitioning with the rhythm of the days out in the hemp field in preparations for harvest time. Things are shaping up well in the field, quite literally speaking as we have been pruning and shaping the hemp plants in an effort to increase the amount of high quality, cannabinoid-rich flower that is beginning to emerge from the plants.

We are pruning the lower branches, and the underside shoots of the branches closer to the ground for a couple key reasons. First, to help concentrate the plant's energy into the upper branches and growth nodes where the largest, most potent flower will be, in order to maximize the likelihood of high-potency hemp biomass to be harvested as soon as the last week of September. Second, to increase the air flow underneath and throughout the plant to minimize the chances of any possible fungal diseases occurring as the plants bulk up in density and weight. The lower branches touch the ground and get dirty, and are not clean enough to utilize for harvesting into end product, so we are not "losing" any end product by pruning, but rather transferring energy from the plant from what would be waste into harvestable branches. Sometimes things need to be pruned off in order to create space and energy for the good stuff to be realized!

We have also been cultivating and





weeding around the base of each plant as we prune. This is to minimize competition for water and nutrients intended for the hemp plants by the weeds, as well as to ensure that no weeds grow up and through the hemp plants, as we do not want anything other than hemp biomass ending up in the end product. It also helps to increase that airflow we want around and throughout the hemp. It is not easy work, but what the task lacks in ease, it makes up for in instant gratification, as you see immediate results in a nice clean space for the hemp to thrive. The work shows, as the hemp is looking healthy and green.

The grasshopper-duck saga is coming to a close, as we will have the ducks removed from the field soon. The ducks won out, as the grasshopper population in the hemp field has been maintained at much lower numbers than earlier this season, and the hemp plants seem to be mature enough now that the compounds in the plant

have developed to the point that the hemp is no longer a tasty option for the grasshoppers. However, the grasshoppers continue to be the main course on the menu of the ducks, as they happily hunt and quack their approval while gobbling grasshoppers.

We have also prepared and sent in our first samples of the hemp to monitor levels of all the main cannabinoids, specifically CBD and THC. Again, with our hemp, we want high cannabinoids, EXCEPT for THC. Getting a test done over a month before we are looking at our compliance test will give us a baseline to know when to do follow-up testing to give us the highest potency CBD end product possible, while staying under the acceptable low levels of THC for regulatory compliance.

Finally, if you have noticed stacks of steel at the old Youth Program house site, this is a commercial hemp dryer we have received delivery of, and will

(Continued on next page.)



(Continued from previous page.)

be working to get operational over the next month for this season's upcoming harvest. With construction delays for our greenhouse facility, this will be our temporary operational location for drying and processing the hemp. The dryer is capable of drying the hemp in a mere 14-16 hours, as opposed to 2-4 weeks of hang-drying it in a facility, during which time many lowa hemp farmers have lost some or all of their harvest to mold in their hemp, as the humidity here can be problematic. The dryer will give us a big advantage and enable us to have a consistent and uniformly dried hemp biomass that can stay potent with proper storage for up to 3 years. While we will be glad to have the dryer centrally located in future years at the hemp farm, we are grateful to Tribal Ops for allowing us to use the driveway of the old Youth Program house to get the job done as best we can in the meantime. While there has been some uncertainty at times, things seem to be shaping up nicely.

-Grant Shadden CEO & General Manager, Meskwaki Hemp Supply, Inc.

APPRENTICESHIP

TWO APPRENTICES TO JOIN THE PEST CONTROL TEAM

Good day, to all people of the Meskwaki settlement!

What a summer for the wasp colonies on and near our houses throughout the year. They have certainly been thriving with this year's heat, which has been keeping the Meskwaki Apprenticeship Pest Control very busy. As the weather gradually



begins to cool, we will begin to see our Boxelder, Stinkbugs and Asian Lady Beetles making their way indoors to hibernate. These bugs can be a nuisance and we at the Pest Control Dept. can readily come and treat such focus areas.

In addition, you will be seeing our UTV making our bi-annually home perimeter treatments along with rebaiting the mouse bait boxes outside your homes. We will be having two new apprentices beginning their journey on a new career learning adventure, so prepare for new faces that will be introducing themselves in the near future.

If you have any questions, concerns or need pests exterminated in your home (free of charge!), do not hesitate to call us because that is our job and that is why we are here. We teach professionalism and courtesy here at the Meskwaki Apprenticeship Program.

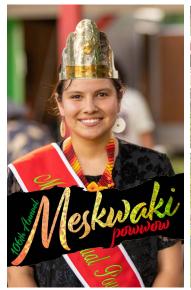
Contact Meskwaki Housing at 641-484-4972 to set up an appointment.

~ Brenton Pushetonequa- Na sawabita Pest Control Trainer











Be on the lookout for the Special Meskwaki Nation Times Annual Powwow Edition coming soon!

See all the highlights, stats and photos from our beloved four day event!

HEALTH & WELLNESS

PLEASE NOTE NEW ENROLLMENT PROCESSING FOR DNA TESTING

DNA testing for the Tribe's enrollment process will now be done by Lucie Roberts in the Enrollment Office at the Tribal Center. Individuals can call Lucie at 641.484.4678 for any questions during normal business hours.

Thank you,

~ Meskwaki Health Clinic



CONGRATS!

Chief Pharmacist Patrick Bolte recently achieved a great goal. He has now completed running a marathon in all 50 states and all before turning 50 years old.

We commend his efforts. Great job, Patrick!

~ The Health Clinic Staff



NOW Available!

If you or someone
you know is
experiencing a
mental health issue
NOW, please contact
the National Suicide
Prevention Lifeline at
1-800-273-8255 or
just Dial 988!
IF YOU ARE IN NEED OF

HELP NOW, TEXT NATIVE

TO 741741

DIAL 988 FROM ANY PHONE TO GET HELP.





BEHAVIORAL HEALTH PATIENTS

To keep things running smoothly, please plan to arrive a few minutes before your scheduled appointment time to sign in!



MONTHLY SOCIAL

September 20, 2022 6:00 PM - MBCH Conference Center

Behavioral Health Services invites the community to eat, socialize, and dance for healing. Monthly Speaker and Drum Group to be announced. Drawing for incentives!





The Meskwaki Diabetes Program would like to congratulate Sonja Roberts, shown above with her new Trek Bike, for winning the 2022 Spring into Fitness Challenge!

HEALTH & WELLNESS



UPCOMING EVENTS

DIABETES SHARE PROGRAM Sept. 7 & 14

Pickup from 1:30-4:30 PM at REG Receive produce each week of the growing season from Red Earth Garden.

COOKING DEMO AT RED EARTH GARDEN

Sept. 14 at 1:30 PM Learn to use healthy, fresh veggies grown from REG.

DIABETES BINGO

Sept. 20 at 2 PM

Pick up your Diabetes Bingo Card by Sept 19th at the Clinic. Live at the Clinic or participate via Zoom.

Meeting ID: 780 4149 0884 Passcode: nAGf0b

INNOVATIONS IN DIABETES

Sept. 29 at 11am & 3 PM at the Health Clinic with snacks provided. Information session about technology and ways to deliver insulin from Mary Beth with Medtronic. Sign up by Monday, Sept 26.

To sign up call or email Jennifer Scales at the Health Clinic.

(641) 484-9421

jennifer. scales @meskwaki-nsn.gov

As a THANK YOU to those who filled out the Health Clinic's online "Needs Assessment Survey" last month:

PICKUP YOUR \$25 GIFT CARD!

Weds, Sept. 7th @ Noon to 5 PM

Thurs, Sept. 8th @ 7:30 AM to Noon



PHARMACY CORNER

Flu shots should start to arrive in late August or early September. Everyone who is at least six months of age should get a flu vaccine, especially those patients who are at high risk of developing serious complications from the flu. High risk patients include people with

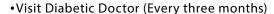


certain medical conditions, such as asthma, diabetes and chronic lung disease. Pregnant women, people 65 years of age and older and people who live with others that are at a serious risk of developing complications are also considered high risk and should get a flu vaccine. Flu season can last through March of the following year. Get protected, get immunized.

~Meskwaki Pharmacy

DIABETES PROGRAM EARNING INCENTIVES 2022

The Meskwaki Diabetes Program wishes to remind patients with diabetes that they are encouraged to join its earning incentives program. There are many things patients can do to earn incentives such as:



- Visit Endocrinologist
- •Schedule Monthly Behavioral Health Counseling
- •Get an Eye Exam (Dilated Retina Annual)
- •Visit Retinography Nurse (Annually)
- Visit the Podiatrist
- •Visit the Dentist (Annual w/follow up)
- •Labs: A1c checked and improved
- ·Labs: Lipid panel screening
- Education with Dietitian (See Jennifer for all the ways to earn)

Incentives include:

Wireless headphones, \$25 Fareway and Walmart gift cards, \$20 Meskwaki Travel Plaza gas cards, Grabber/Reacher tool, Insulin travel case, Yoga mat, Exercise bands and others!

To enroll and learn more, contact the Meskwaki Health Center and schedule a visit with Jennifer at (641) 484-4094.



IN THE TRIBAL COURT OF THE SAC & FOX TRIBE OF THE MISSISSIPPI IN IOWA MESKWAKI TRIBAL COURT MESKWAKI SETTLEMENT

Case no.: NC-2022-0003
ORDER TO SHOW CAUSE
RE: NAME CHANGE

1. Petitioner, through himself/herself or a representative, is requesting the Court legally change Petitioner's name:

From the present (first, middle, last)

KAILEE ONESTAR PUSHETONEQUA

To proposed name (first, middle, last)

KAILEE ONESTAR LASLEY-PUSHETONEOUA

The Court orders that all persons interested in this matter shall appear before it for a hearing to show cause, if any, why the petition for name change should not be granted.

NOTICE OF HEARING

Date of Hearing: September 6, 2022

Time: 2:00 PM

Location: Meskwaki Tribal Court 307 Meskwaki Rd.

Meskwaki Settlement Tama, IA 52339

Jessica R. Bear, Judge of the Tribal Court

Dated: June 23, 2022

HEALTH & WELLNESS

FALL WELLNESS DEPARTMENT SAVE THE DATES

7K Wellness Run

Starting at the Health Clinic, the route will be 4.5 miles in length and travel along the new trail path which includes some of the beautiful hills and valleys on the Sett. (Alternate route for Seniors and those wishing to walk.) Event will be held:

Monday, September 19th

Registration at 5:30 PM Run/Walk at 6 PM

Contact Jason at the Wellness Center for more information.

Fall SettFit Challenge

October SettFit Challenge coming your way! Look for more info about fitness classes beginning in October on the Wellness and SettFit Facebook pages as well as on the tribe's website at www.meskwaki.org.









COMMUNITY CONNECTIONS

CATTAIL AND BULRUSH WEAVING REVITALIZATION

On behalf of the Meskwaki community women that work on cattail mats, I come before you to state our intention with the work we are doing as far as harvesting, cleaning, and weaving cattails and bulrush. There seems to be a misunderstanding about the intent of why we are doing this work. I work for Meskwaki Historic Preservation, Nina Young Bear works for Meskwaki Natural Resources, Brenda Wanatee works for the Meskwaki Settlement School and there are homemakers in our group as well. We are all working for the Meskwaki people and we are doing what we can to revitalize this part of our culture for the Meskwaki community. Our goal has always been to learn as much about the traditional art of weaving cattail mats as possible and to retain this art/practice for future generations.

For a period of approximately 50-60 years, Cattail and Bulrush weaving laid dormant and forgotten by the Meskwaki community. While people still set up their wikiup frames, they began to cover them with canvas tarps because canvas is more accessible. I believe that using canvas to cover wikiups became easier and sadly, the use of canvas helped to make the process of weaving cattail mats obsolete. After we stopped harvesting and weaving these plant fiber mats, our community only had the images of cattail mat covered wikiups to remind us of our older way of life.

For several years now a small group of women have been working together to revitalize both Cattail Mat weaving and Bulrush Mat weaving. For three years, we had financial help through a National Park Service grant and since that grant was completed, we have been working on our own. We have had the support of Historic Preservation Director, Johnathan Buffalo as well as our community. This year, we were able to build an actual cattail-mat covered







wikiup at the Powwow grounds during the Annual Powwow, which happened to be the first one built in our community for approximately 50 years. It is our goal to keep producing these mats, and to recruit more women into our circle of learners. Cattail weaving is with us now and bulrush mats are coming as well. As we continue to meet, to learn and produce, our shared hope of retaining this tradition becomes closer to becoming a reality. We invite women



from our community to work and learn on Wednesday evenings at 5:30pm at the Meskwaki MNR building. The door is open to all women from our community and we look forward to seeing you there.

Sincerely,

Bonabiga- Mary Young Bear Nina Young Bear Bess Scott-Keahna Brenda Wanatee LeAnn Morgan Pat Roy-Trujillo Kelly Schott















MESKWAKI FOOD SOVEREIGNTY

The winner of the 2nd Annual Tall Corn Contest is Mel Davenport with 10ft 2in! 2nd place Magoo Keahna and 3rd Isabelle Kapayou. Congratulations and thank you to everyone who entered.

ECONSACE CONSTRUCTION OF A PART OF A

Staff and friends from Linda Black Elk's visit.

PTEC HIGHLIGHT

Hoa. Meskwanegatogea nitediswa. I am a Meskwaki woman in Thunder Clan and am a lifelong resident of The Sett, our home. Growing up I had an idea of ethnobotany of the Meskwaki but always remember my dad teaching me a few medicinal plants he knew. I have fond memories of my dad and I going foraging for mushrooms, ominaka, gooseberries, mulberries, and wild strawberries from when I was a little girl. To this very day, I have been teaching my little ones whenever possible. Meskwaki Food Sovereignty has taught me about our original sovereign food that we used to eat which includes may apples, ground cherries, wood lily potatoes, smooth sumac berries, and a few other edibles. My time with MFS has strengthened my gardening & fishing skills. I will be learning how to hunt and trap to utilize all our resources available to reclaim our sovereign foods such as squirrel, pheasant, quail, raccoon, deer, rabbit, buffalo, fish, clams, and turkey, just to name a few. My future goal is to ensure our generations to come have the knowledge, skillset and are capable of learning our sovereign food ways. I also capture photos for Food Sovereignty.

~Donica Wanatee, PTEC Participant



Fishing trip at West Bend. Great catch!



WATER POTATO HARVEST Sept. 15

Harvesting water potatoes at the Amana Lily Pond. More info coming soon. (Weather dependent.)

SUMAC BERRY TEA

Sept. 21 from 5-8 PM

@ Tribal Center Kitchen

SALSA MAKING / CANNING Sept. 28 from 5-8 PM @ Tribal Center

All events are free to the tribal community. Everyone invited! For more information contact:

(641) 484-9511

chistina.blackcloud@meskwaki-nsn.gov









Elder's Garden from planting to harvest.



FREE FINANCIAL COACHING AVAILABLE

Since June 2020, with grant support from the Wells Fargo Foundation, the Oklahoma Native Assets Coalition, Inc. (ONAC) has been offering three types of free financial coaching to tribal citizens across the United States: 1) credit counseling, 2) homebuyer education, and 3) financial management (i.e. budgeting).

Confidential sessions are offered oneon-one, by teleconference (Zoom) or phone call, with a certified credit counselor, homebuyer education provider, and financial educator, Felecia Freeman (Citizen Potawatomi). Typically, these sessions will last for an hour and are scheduled at a mutually agreeable time.

Thus far, ONAC has offered this free financial coaching to those participating in ONAC's other programming. Now, ONAC is offering these financial coaching services to a wider group of tribal constituents.

If you are a tribal citizen interested in free financial coaching, complete the registration form available at: https://www.surveymonkey.com/r/ONACcounselingregistration.

Once the form has been submitted to ONAC, our financial coach will work with you to schedule a remote session by phone or teleconference.

This confidential financial coaching is available to any American Indian or Alaska Native in the United States, regardless of where you reside.

For any questions about these financial coaching services, contact Christy Finsel, ONAC Executive Director, at (405) 720-0770 or cfinsel@oknativeassets.org.







FINANCE

MONEY CHALLENGES

Dear Dr. Per Cap:

My spouse and I are trying to get our finances in order but he's impatient and complains it's

ASK DR. PER CAP

taking too long. How can I help him see the forest for the trees?

Signed, The Patient One

Dear Patient One,

Many people grow impatient when dealing with personal finances. And contrary to what some of the "financial gurus" on YouTube claim – some money challenges take time to fix.

Paying off debt, saving for a big down payment, or raising a low credit score can often take months or years to accomplish. Remember that most financial setbacks don't happen overnight so it's unrealistic to think they can be resolved in a snap.

The secret lies in a person's attitude. Nearly any worthwhile endeavor that improves a person's life will take time. Earning an education, getting into shape, or learning a new skill are all goals that require a significant investment of not only effort but also time.

Here's what your spouse needs to understand. Life is a journey not a destination. Half the fun of achieving a challenging goal is how the process transforms you. Every day you learn more about yourself as you grow and gain a firmer understanding of what you're seeking to accomplish and why.

Think of what it takes to learn to play a sport or a musical instrument. What makes those skills so special is the fact that not everyone has them and the effort it takes to acquire them.

Managing money is a skill too and one that offers just as many opportunities for self-reflection and growth. Please encourage your spouse to think of financial wellness as a journey as opposed to just a means to an end. As you both keep plugging away you'll only become more committed and enthused as your finances improve. Then one day you'll wake up and find yourself right where you want to be.

Today the goal might be to save \$500. In a few months you're working towards \$2,500. Then it's \$5,000. Each one of those goals is meaningful and significant when viewed from the right frame of mind.

Best of luck!

Ask Dr. Per Cap is a program funded by First Nations Development Institute with assistance from the FINRA Investor Education Foundation and submitted by the Meskwaki Financial Planning Committee. For more information, visit www.firstnations.org. To send a question to Dr. Per Cap, email askdrpercap@firstnations.org.

PUBLIC WORKS STAFF MEMBER RECEIVES RECOGNITION

Shout out and congratulations goes to Roger Eberhart from the Public Works Department (pictured left). Roger was recently nominated for the Inter Tribal Council of Arizona (ITCA) Tribal Water/Wastewater Operator of the Year Award. Nominated by Jon Ireland, the Tribal Utility Consultant for Indian Health Services, Roger was recognized for his outstanding contributions to the operation, maintenance, and protection of the Meskwaki Nation Community's drinking water and wastewater systems. The awards will be held on September 22.

In a statement, Ireland expressed, "Mr. Eberhart exhibits the spirit of service by tirelessly working to ensure that the community members have the highest quality drinking water and sanitary sewer service to their homes...For 23 years Mr. Eberhart has operated and maintained a highly complex water and wastewater treatment facilities at the highest level for the Meskwaki Settlement of the Sac and Fox Tribe of the Mississippi in lowa.

Mr. Eberhart led the effort to establish projects for a new water storage clearwell, water treatment plant improvements, and wastewater treatment plant improvements... These three projects are just a few examples of Mr. Eberhart's technical knowledge, proactive operation, and dedication to providing his community with the highest quality water and wastewater service.

In August 2020 a historic derecho...storm had sustained 80 mph winds and gusts of over 100 mph resulting is extensive property damage and power outages. Mr. Eberhart ensured the settlement water and sewer systems remained in operation with backup power while leading the clean-up efforts...

In his 23 years of service, Mr. Eberhart has trained and mentored several operators that have worked alongside him. Roger is a role model throughout the community, demonstrated by his hard work and dedication to the utility department and community."

We thank Roger for his exemplary service to our community and congratulate him on this nomination.

~ Tonya Bear, Interim Executive Director

HONOR OUR BEAUTIFUL ELDERS @ KOKO MEDO CELEBRATION 9/13 @ 5:30pm—see info in MNT



- 1. Never shake a man's hand sitting down.
- 2. Don't use the stairs when entering a pool.
- 3. The BBQ grilling man is closest to being a king.
- 4. In a negotiation, never take the first offer.
- 5. Request the late check-out.
- 6. When entrusted with a secret, keep it.
- 7. Hold your heroes to a higher standard.
- 8. Return a borrowed car with a full tank of gas.
- 9. Play with passion or don't play at all.
- 10. Always protect your family.
- 11. Don't let a wishbone grow where a backbone should be.
- 12. If you need music on the beach, you're missing the point.
- 13. Carry two handkerchiefs. The one in your back pocket is for you. The one in your breast pocket is for her.
- 14. You marry the girl, you marry her family.
- 15. Be like a duck, calm on the surface & paddle like crazy underneath.
- 16. Experience the serenity of traveling alone.
- 17. Don't be afraid to ask out the best looking girl in the room.
- 18. Never turn down a breath mint.
- 19. A sport coat is worth 1000 words.
- 20. Write your own eulogy. Never stop revising.
- 21. Stand on principle.
- 22. Eat lunch with the new kid.
- 22. Eat fullen with the new kid.
- 23. After writing an angry email, read carefully, then delete it.
- 24. Ask your mom to play. She won't let you win.
- 25. Manners maketh the man.
- 26. Give credit. Take the blame.
- 27. Stand up to bullies. Protect those bullied.
- 28. Write down your dreams.
- 29. Remember, rain must fall to appreciate the sun.
- 30. Be confident and humble at the same time.
- 31. Be the bridge builder.
- 32. Never forget whose son you are, REFUSE to be ordinary!











INFORMATION MEMORANDUM

IM-22-03 DATE: August 18, 2022 SUJECT: Family & State Benefits of Debt Compromise

Child support debt creates hardships for families, including a disproportionate number of parents and children from low-income households. This memorandum on child support debt discusses impacts & strategies states may implement to prevent, reduce, & eliminate it. Strategies help increase consistent & reliable child support payments and improve the economic well-being of families.

High child support arrears are a major problem for families. When arrears accumulate, children do not benefit from the financial support they are owed. Many of these families live in poverty. Receiving this financial support would help them escape this plight. In addition, noncustodial parents who fall behind in their payments are subject to enforcement actions, which can include suspension of their drivers' license & incarceration, they can also face interest charges on their arrears.

The persistence of high child support arrears creates significant problems for states as well...

Tanguler Gray, Commissioner of Office of Child Support Enforcement

WANT TO READ MORE? GO TO: Family and State Benefits of Debt Compromise | The Administration for Children and Families (hhs.gov) There's great information on the OCSE (Office of Child Support Enforcement) website about child support and other family related topics.

Also search for the "IRG." The Intergovernmental Reference Guide has Tribes, States, and other country child support Q & As and it is very handy indeed!

CALLING ALL MENFOLK! CALLING ALL MENFOLK!



CAN YOU TALK ABOUT THE UPS & DOWNS OF BEING A DAD? CAN YOU TALK ABOUT THE UPS & DOWNS OF BEING A MAN? CAN YOU TALK ABOUT THE UPS & DOWNS OF BEING NATIVE? DO YOU LOVE YOUR FAMILY?



DO YOU WANT TO HELP THIS COMMUNITY?

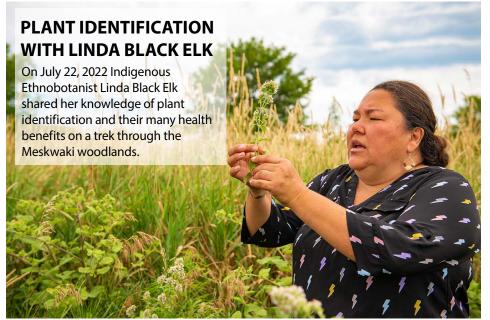
We invite menfolk to **TRY** the virtual training of FATHERHOOD IS SACRED on Sept 14-16 or Nov. 15-17. **IF** you like it—which you will—there's in-person trainings that CSS will happily send you to. There is always a catch, right? Well, here it is. Commitment. Commitment to come "TALK" with other men about what you learned. Come talk with other dudes about being a dad, a man, an NDN, your love, and your community? That's pretty much it. Sounds simple...well it is. Here is their website: nativeamericanfathers.org

Come listen in and see if this is something of interest. What do you have to lose? Call CSS so we know how many will attend & which month works best for all of you! MNCSS phone # 641-484-9301



Native American Fatherhood & Families Association began in 2002 with just one father & the mission of bringing men back to strengthening their families. Since then, NAFFA has successfully impacted thousands of lives and families.















Menwibemeni Abensa



BREASTFEEDING AWARENESS 5K/FUN RUN

On August 17 Maternal Child Health, the Health Clinic, and the Diabetes Program sponsored an event in support of Breastfeeding Awareness month. Participants took part in a 5K walk/run, stroller race, and received a t-shirt, snacks, prizes, and breastfeeding information.

Photo Credit: Kathy Shuckahosee

Menwibemeni Abenoa "Take Good Care of the Child"















EMPLOYMENT

EVERY TEAM MEMBER MAKES A DIFFERENCE

CULTURE, COLLABORATION & COMMUNITY

Please take a look at the positions currently available to you.

We offer competitive wages, great group benefits (health, dental, life), paid vacation, sick leave, disability income protection, retirement benefits and more.

(Indian preferences given in accordance with Sac & Fox Code, Title 9, Sec. 9-1303.)

Diabetes Project Coordinator

Health

DUTIES & RESPONSIBILITIES:

- Assess education needs for diabetes patients, local community members, health care professionals and community agencies.
- Work in collaboration with existing health service and related programs to develop protocols, procedures and management tools.
- Responsible for data collection, transfer and management, reporting and dissemination of results.
- Maintain and review patient records, charts and other pertinent information to ensure patients' health needs are being met.
- Develop and maintain diabetes procedure manual, education materials and documentation forms.
- Prepare and monitor program budget.
- Prepare grant updates and reports as required by the grant guidelines.
- Attend all national, regional and local grantee meetings as required to participate in planning for project.
- Supervise diabetes program staff.
- Other duties as assigned.

REQUIREMENTS:

- Must possess a Bachelor's degree in a medical, health sciences or health management field and two years of experience in the area of program management and supervision.
- Prefer knowledge of diabetes.
- Must be able to communicate effectively with Meskwaki community members and be sensitive to tribal beliefs and traditions.
- Must submit to and successfully complete a background investigation.

ANNUAL SALARY: \$32,094 - \$52,540 (SF-13)

POSITION OPEN UNTIL FILLED

FOR FULL JOB DESCRIPTIONS GO TO: WWW.MESKWAKI.ORG & CLICK ON "CAREERS"

Please submit your application/ resume and salary expectations to Human Resources in one of three ways:

1. Email:

applications@meskwaki-nsn.gov

2. Online:

https://meskwaki.applicantpro.com/jobs

3. Mail: Sac & Fox Tribe of the Mississippi in Iowa 349 Meskwaki Road Tama, IA 52339

For full job descriptions & information visit: https://meskwaki.applicantpro.com/jobs/

Elder/Vulnerable Adult Case Manager

Family Services

DUTIES & RESPONSIBILITIES:

- Provide trauma informed comprehensive direct case management services to elder/vulnerable adult population.
- Provide elder/vulnerable adults and their family's information and referral services (Tribal and Community) available for their protection, safety, and support.
- Transport elder/vulnerable adults to and from necessary appointments including daily needs, medical, legal, law enforcement, court, etc.
- Provide crisis intervention services to elder/ vulnerable adults.
- Research and incorporate policy for program and assist updating Tribal Code.
- Provide public education about needs of elder/ vulnerable adults in the community.
- Attend conferences and workshops related to issues concerning elder/vulnerable adults.
- \bullet Prepare monthly, quarterly, and annual reports.
- Assist with capacity building and research to further develop the elder/vulnerable adult program.
- · Other duties as assigned.

REQUIREMENTS:

- A Bachelor's degree or higher in Social Work, Sociology, Psychology or other closely related field from an accredited college or university and one year (1) year of work experience focusing on the provision of services within the community (i.e.: human behavior, elder/frail adult population, abusive adults, medical issues and psychological issues etc.,) at the professional level; OR three (3) years of case management/social work experience at the professional level which includes one (1) year of experience working with the elder/frail population
- Experience in grant writing and reporting is

desirable.

- Must possess a valid driver's license.
- Willingness to learn and incorporate skills in the cultural context of the Meskwaki community.
- Must submit to and successfully complete a background investigation.

ANNUAL SALARY: \$43,264 - \$62,000

POSITION OPEN UNTIL FILLED

For full job descriptions & information visit: https://meskwaki.applicantpro.com/jobs/

Farm Sales Coordinator

Workforce Development - REG

DUTIES & RESPONSIBILITIES:

- Work in tandem with the Farm Instructional Manager in overseeing the pack shed responsibilities, which include washing, packing, and weighing produce, and recording in harvest and inventory logs, while maintaining excellent food safety protocols by maintaining a clean and organized pack house work area.
- Manage the online market program Barn2Door.
 Assist with the Farm Crew picking and packing
 produce per invoices for delivery and distribution
 of custom online orders.
- Transport and deliver produce to online order pickup points.
- Assist in developing marketing strategies for the farm stand coolers, mobile trailer, and online sales, and order pick-ups.
- Develop and maintain social media presence through the REG Facebook page, informing customers of produce available.
- Maintain sales data through accounting of invoices.
- Perform grant management, reporting, tracking, and grant compliance.
- Assist with occasional greenhouse seed starting/ transplanting as needed.
- Develop and maintain customer accounts both on and off the Settlement.
- Other duties as assigned.

EMPLOYMENT

REQUIREMENTS:

- Associate's degree in Business, Marketing, Public Relations, or Communications Preferred.
- Some experience with Square or other electronic payment services.
- · Knowledge of accounting and record keeping.
- Knowledge of farming or local foods required.
- Must have excellent customer service skills.
- Must have the ability to work as part of a team, as well as independently.
- Must possess a valid driver's license and be eligible for the Tribe's vehicle insurance.
- Must have good verbal and written communication skills, organizational skills and planning skills.
- Must be able to lift up to 50lbs regularly.

ANNUAL SALARY: \$44,512 - \$59,384

POSITION OPEN UNTIL FILLED

For full job descriptions & information visit: https://meskwaki.applicantpro.com/jobs/

Grant Compliance Specialist

DUTIES & RESPONSIBILITIES:

- Assist in execution of the Tribal government strategic priorities.
- Assist in providing staffing support to the Grant Committee.
- Interact with all entities involved in grant-funded activities, especially to address compliance issues.
- Assist in maintaining Grant Office knowledge of general Grant policies and regulations.
- Assist in onboarding grant awards and in supporting grants implementation.
- Assist in developing implementation plans for new grants to guide project manager(s).
- Assist in providing grant compliance training to Tribal Directors/Project Managers.
- Provide clear communication to assist Project Managers in understanding and performing grant program management, compliance, oversight, and reporting.
- Assist to ensure grant activities are in compliance with budgets, general grant guidelines, policies and procedures, and quality control.
- Assist in conduct of project audits/monitoring, recommending areas of compliance improvement, and developing roadmaps for remediation.
- Track and resolve grant management related issues.
- Assist in preparing award modifications to resolve grant award issues.
- Create and upkeep stakeholder database with relevant contact information.
- Follow policies and confidentiality requirements to safeguard data and information.
- Perform other tasks and support to the Executive and Grants Office as assigned.

REQUIREMENTS:

- Bachelor's degree in Public or Business Admin., Communications, Grant Management, or related field.
- Knowledge and proficiency in P.C. word processing, spreadsheet, Internet and e-mail.
- Knowledge of grant compliance requirements and how to communicate them to managers.
- Knowledge of Tribal sovereignty and Tribal government function and structure
- Skill in verbal, written, and electronic communication.
- Skill in organization, time management, and prioritization of work.
- Skill in critical analysis of complex information.
- Abilities to assist in various grants management responsibilities.
- Abilities to research regulation and analyze grant awards for compliance conditions.
- Abilities to work with Tribes and federal agencies that provide services to the Tribes.
- · Driver's License Required.

ANNUAL SALARY: DOO

POSITION OPEN UNTIL FILLED

For full job descriptions & information visit: https://meskwaki.applicantpro.com/jobs/

Sr. Broadband Technician

Information Technology

DUTIES & RESPONSIBILITIES:

- Desire to serve others and provide an essential service to our customers.
- Prioritize department activities in conjunction with IT Director
- Able to follow instructions or take action and address opportunities at their discretion with communication to the IT Director.
- Able to work in customer home Installing fiber optic cable and equipment without making the customer uncomfortable.
- Monitor and manage fiber optic network.
- Quickly reacting to down services to provide connectivity as a top priority.
- Manages service calls and ensures tickets will be resolved in a timely and consistent manner.
- Continues to communicate with the customer on status of their issue until resolved.
- Applies training knowledge and skills in various situations. Performs other duties as requested by Supervisor to achieve department goals.
- Proficient in use of a variety of hand and power tools to install fiber cabling.
- Can perform job in high places and small spaces. Can use proper safety equipment to do that.
- Able to supervise and train junior staff to raise

their skill level and perform the same duties.

- Must complete and stay up to date on training programs, licenses and certifications as required by this position.
- Perform data entry.
- · Other duties as assigned.

REQUIREMENTS:

- · High School Diploma or GED/HSED.
- 5 yrs. of experience installing and maintaining Broadband networks.
- Basic understanding of fiber network operations.
- Ability to work out in the elements (hot or cold) to repair/restore customer connectivity.
- Proficient with Windows computer and computer applications.
- Must be able to work with a flexible schedule to meet needs of customers which may include possible night and weekend service.

ANNUAL SALARY: \$38,230 - \$56,696

POSITION OPEN UNTIL FILLED

For full job descriptions & information visit: https://meskwaki.applicantpro.com/jobs/

NEW STAFF



KI-DA-BI-AAlexis Walker *Lead Cook,* Senior Services

Hi, my name is Alexis but everyone knows me by Kendra. I'm an enrolled member of the Meskwaki Nation. I've taken the position of Lead Cook at the Meskwaki Senior Center, I make the menus, prep and cook the meals from scratch in accordance to the Title VI Grant program. I've always had a passion for cooking and working with others in the kitchen for as long as I can remember.

EMPLOYMENT

These current jobs are still open and will remain open until filled unless a closing date is posted on our website.

- Apprenticeship Director
 - Apprenticeship
- Carpentry Trainer
 - Apprenticeship
- Certified Substance Abuse Counselor
 - Behavioral Health Services
- Clerk of Tribal Court
 - Tribal Court
- Dental Assistant
 - Health Dental
- Diabetes Educator
- Health Diabetes
- Farm Sales Coordinator
 - Workforce Dev REG

- Gaming Commissioner
 - S&F Gaming Commission
- HVAC Technician
 - Housing
- MSS-Custodian 2nd Shift
 - Meskwaki Settlement School
- MSS-Facilities Compliance Specialist
 - Meskwaki Settlement School
- MSS-Food Service Worker
 - Meskwaki Settlement School
- MSS-Food Service Coordinator
 - Meskwaki Settlement School
- MSS-Head Varsity Girls Basketball Coach
 - Meskwaki Settlement School
- MSS-HR Assistant 1yr
 - Meskwaki Settlement School

- MSS-JH Assistant Volleyball Coach
 - Meskwaki Settlement School
- MSS-Math Teacher (MS/HS)
 - Meskwaki Settlement School
- MSS-Meskwaki Language Teacher
 - Meskwaki Settlement School
- MSS-Student & Family Liaison
 - Meskwaki Settlement School
- MSS-Teacher Associate: Special Education (3)
 - Meskwaki Settlement School
- Police Officer
 - Meskwaki Nation Police Dept.
- Police Officer (Non-Certified)
 - Meskwaki Nation Police Dept.
- Realty Officer
 - Housing

NEW STAFF



MISKWANAAKWADOKWE

Jacklyn Mallory
Records Management Clerk, Tribal Court

Hello, I'm Jacklyn Mallory, member of the St. Croix Chippewa Indians of Wisconsin and Ho-Chunk Nation. I've recently been hired as the Records Management Clerk at Meskwaki Tribal Court. My favorite class in college was business law, learning the different laws sparked my interest in this position. I've been working for my tribe since I graduated high school, the last 5 years I worked in Human Resources within our tribal government center. I'm super excited to be learning new things here at Meskwaki Tribal Court. In my free time I enjoy beading, going to powwows and round dances when I can.



KEKIKAWATE

Thomas Peters
Conservation Aide, MNR

Hey there, my name is Thomas Peters and I am a Conservation Aide with MNR. I manage the bison herd and do field work at South Farm. Everything from checking and insuring herd health, fencing and mowing to maintaining equipment and overseeing seasonal employees. I have previously worked at MNR as a seasonal field worker as well as my current position of conservation aide, before taking an Intertribal Buffalo Council internship at Yellowstone NP. I enjoy horseback riding, going on hikes, getting lost in the woods, kayaking, biking, traveling and spending time with my loved ones. At home I have two dogs, Bea and Flora, a 5 month old goat named Oswaldo and my horse Zazz.



LARRY ROHACH

Transporter/Evidence Tech, MNPD

My name is Larry Rohach. I'm a Meskwaki descendant and have been hired as the MNPD Transporter/Evidence Tech. For 32 years I worked for the state of lowa; 24 at the lowa Juvenile Home, 1 year Communications for DPS, and 7 at the lowa Correctional Institute for Women as a Correctional Officer. My hobbies include riding my motorcycle, baseball (Go Cubs!) and lowa Hawkeye sports.





To Apply visit our website: https://www.meskwaki.com/employment and click on Meskwaki Career Center!

JOIN US AT MESKWAKI BINGO CASINO HOTEL. WE'VE MADE SOME CHANGE\$!!

BUFFET CASHIER FT \$13.00 hourly. Must be 18 years of age.

CAGE CASHIER FT \$15.00 hourly. Requires a High School diploma or GED and 18 years of age.

CLUB ASSOCIATE FT \$13.00 hourly. Requires a High School diploma or GED and 18 years of age.

COOK-CASHIER FT \$13.00 hourly + tips (Bingo Concessions & Food Arcade) Must be at least 18 years of age

DEALER TRAINEE FT This is a *FREE training* and earn \$7.25 hourly while training. After training \$20-25 per hour with tips (tips may vary). Requires high school diploma or GED. Requires successful completion of the appropriate dealer training course.

EXECUTIVE SOUS CHEF & TRAINER FT Salary \$DOQ. Must be at least 21 years of age. Requires High School diploma or GED. Requires a Culinary degree from an accredited institute/school and three years of kitchen management or 10 years kitchen management in large scale operations.

EXPERIENCED DEALER FT/PT \$20.00-25.00 per hour with tips (tips may vary). Requires High School diploma or GED. Trained to operate any combination of: Blackjack, Dice (Craps), Roulette or Baccarat/Pai Gow.

FOOD & BEVERAGE SOUS CHEF FT \$20.00 hourly. Requires High School Diploma/GED and 21 years of age. One year experience as a kitchen supervisor in a large-scale restaurant operation or an equivalent combination of education and experience.

FOOD & BEVERAGE SUPERVISOR FT \$20.00 hourly. Requires High School Diploma/GED. Must be at least 21 years of age. One year in a large-scale operation or an equivalent combination of education and experience.

SECURITY EMT FT \$17.00 hourly. High School Diploma/GED preferred. Certified Iowa EMT or current Registered Nurse. SS

SECURITY OFFICER FT \$14.00 hourly High school diploma/GED preferred. Must be 18 years of age. SS

SLOT ATTENDANT FT \$21.00 (\$12.00/hour + \$9.00/hour average tips (may vary)) High School Diploma/GED. 18 years old.

SLOT SHIFT SUPERVOR FT \$18.00 hourly. High school diploma/GED. Four years Slot Attendant experience.

WAREHOUSE ASSOCIATE FT \$15.00 per hour. High school diploma or GED. Valid driver license and must be 18 years of age.

BAKER FT \$13.00 per hour. Must be 18 years of age.

BANQUET SERVER FT \$9.00 per hour with tips (tips may vary). Must be 18 years of age.

BANQUET SET-UP PERSON FT \$11.50 per hour with tips (tips may vary). Must be 18 years of age.

BUFFET COOK FT \$15.00 – 18.00 hourly (dependent on experience). Must be 18 years of age.

CASINO CLEANING PORTER FT \$13.00 hourly. Must be at least 18 years of age.

DISHWASHER FT \$13.00 hourly. Must be at least 18 years of age.

EQUIPMENT CREW FT \$14.00 hourly. Must be at least 18 years of age.

GROUNDSKEEPER PT \$13.50 hourly. Requires a High School diploma or GED and 18 years of age.

GUEST ROOM ATTENDANT FT Up to \$14.00 per hour includes room incentive (\$11.00 per hour + \$3.00 per standard rm/\$4.00 per Suite). Must be at least 18 years of age.

LAUNDRY WORKER FT \$13.00 hourly. Must be at least 18 years of age.

LUCKYS COOK FT \$15.00 – 18.00 hourly (dependent on experience). Must be 18 years of age.

Requirements: **Pre-Employment Drug Screen Required and Gaming Commission License Background Interview.** Hourly Shift differential – Swing 2nd shift \$.50, Grave 3rd shift \$1.00. Native American preference policy applies to all positions. Call 641.484.1575/1438 for more information. *SS* indicates a Safety Sensitive position. 8.25.2022 update



MNT

Meskwaki Nation Times

Preserving sovereignty, protecting traditions, promoting culture and building a stronger community through information, communication, and support.

VISIT US ON-LINE FOR THE MOST UP-TO-DATE INFORMATION POSTED DAILY!



WWW. MESKWAKI.ORG

• Community Calendar • Career Opportunities • "In The News" • & more!

Tribal Council Minutes, Election info, and more is located in the "Members Only" section of the site.



Tama, IA 52339-9634

PRESORTED STANDARD MAIL US POSTAGE PAID TAMA, IOWA PERMIT NO. 7

ADDRESS SERVICE REQUESTED



Tribal Offices including the Health Clinic and Pharmacy will be closed on Monday, September 5th in honor of Labor Day.

September 2022





Sun	Mon	Tue	Wed	Thu	Fri	Sat
Please call before 10 a.m. if you need to cancel lunch! Call 484-9224. Thank you.	Meals are subject to change without notice!	Non-seniors who join us for congregate lunch, please pay \$8.00.		Spanish rice Garlic Texas toast Corn on the cob Peaches	Turkey club Wheat bread Lettuce/tomatoes Steak fries	3
4	Sorth We're CLOSED	Catfish nuggets Dinner roll Apple coleslaw Grapes	7 Stuffed peppers Wheat bread Steamed corn Strawberry shortcake	8 Chicken alfredo Garlic toast Side salad Steamed broccoli Cantaloupe	Patty melt Wheat bread Tater tots Apricots	10
п	Sausage links Oatmeal Toast American fires Oranges	Phillies Wheat bun French fries Yogurt	Mystic Lake wild rice Biscuit Yams Jell-O w/ fruit	Steak tacos Corn tortillas Rice Beans Pineapple	Apple glazed pork chop Dinner roll Mashed potatoes Cutie orange	17
18	Chicken tortilla Cornbread muffin Brussel sprouts Tropical fruit	Fish sandwich Whet bun Cucumber salad Steal fries Applesauce	Chicken tacos Flour tortilla Corn salad Rice Peanut butter cookie	BBQ pulled pork Wheat bun Mac & cheese Baked beans Cottage cheese/peaches	Beef tips w/ gravy Egg noodles Dinner roll Green beans Mixed berries	24
25	Eggs Wheat toast Hash browns Banana	Hot beef Wheat bread Mashed potatoes Steamed broccoli Fruit cocktail	Cabbage/ham soup Crescent roll Blueberry crisp	HAPPY BIRTHDAY Meal To Be Announced.	BBQ chicken Dinner roll Au gratin potatoes Peaches	