Utilizing the new walking trail that runs under Highway 30, runners and walkers participated in Meskwaki Wellness’s recent fun run while enjoying the spectacular views provided by the Meskwaki Settlement landscape.
DIRECTORY

TRIBAL POLICE  484-4844  
FOR EMERGENCIES  DIAL 911

TRIBAL OPERATIONS
Tribal Center Offices  484-4678  
• Attorney General Office  484-4678  
• Child Support Services  484-9301  
• Enrollment  484-9233  
• Executive Offices  484-4678  
• Facilities Management  484-9255  
• Family Services  484-4444  
• Fiscal  484-4678  
• Higher Education  484-3157  
• Historical Preservation  484-3185  
• Housing/Realty  484-4972  
• Human Resources  484-4678  
• Information Technology  484-9245  
• Language Preservation  484-3185  
• Media Services  484-9439  
• Natural Resources  484-3511  
• Police  484-4844  
• Prosecutors Office  484-4678  
• Public Defender’s Office  484-9214  
• Public Works  484-4600  
• Senior Services  484-9224  
• Victim Services Crisis Line  481-0334  
• Answered 24 Hours  
• Workforce Development  484-9501  
• Youth Program  484-5369

MESKWAKI HEALTH SERVICES
Health Clinic  484-4094  
• Contract Health Services  484-9406  
• Benefits Coordinator  484-9404  
• Medical Records  484-9431  
• CHR Program  484-9419  
• Diabetes Program  484-9414  
• Behavioral Health  484-9482  
• Pharmacy  484-9451  
• Wellness Center  484-9271

MESKWAKI SETTLEMENT SCHOOL
• Primary  484-4990  
• High School  484-9000

MESKWAKI ENTITIES
GAMING COMMISSION  484-1450  
HOUSING AUTHORITY  484-6106  
MESKWAKI CASINO  484-2108  
TRAVEL PLAZA  484-9350  
TRIBAL COURT  484-9300  
MESKWAKI, INC.  484-3820  
PINNACLE BANK (Mtown)  752-2393  
PINNACLE BANK (Toledo)  484-7303

SAC & FOX TRIBE OF THE MISSISSIPPI IN IOWA
THE MESKWAKI NATION
349 Meskwaki Road
Tama, Iowa 52339
Phone: 641-484-4678 or 800-944-9503
Fax: 641-484-5424

“TO RELY ON THE KNOWLEDGE AND EXPERIENCES OF THE PAST, ALONG WITH THE WILL TO SURVIVE TO ADVANCE THE PEOPLE, CULTURE AND WELL-BEING OF THE MESKWAKI NATION.”

Chairman - Vern Jefferson  
State, Local & Federal: Term expires November 2025

Vice Chairman - Drayton Roberts  
Housing: Term expires November 2023

Treasurer - Donica Wanatee  
Health: Term expires November 2025

Member - Clinton Bear  
Enrollment: Term expires November 2023

If you have recently moved, please update your address with the Finance Office. Tax documents, checks, the MNT, and other notices are sent to tribal member’s addresses on file. Address change forms are available at the front desk of the Tribal Center and available for download on our website at: WWW.MESKWAKI.ORG  
(Click on the Government/Finance links)  
Forms can also be mailed, faxed or emailed to you upon request.  
NO CHANGES WILL BE ACCEPTED OVER THE PHONE.  
If you have questions, please contact Jordan Bear in the Finance Office at 641-484-9202.

Next TRIBAL COUNCIL Meeting
October 12 @ 5 pm – 9 pm
Meeting dates / times are subject to change at discretion of the Chairman.

NO CHANGES WILL BE ACCEPTED OVER THE PHONE.

The Meskwaki Nation Times is a monthly publication available to all enrolled adult tribal members by mail. Meskwaki Media Services is a member of the Native American Journalists Association.

The deadline to submit articles for the next edition is:

OCTOBER 20, 2022

Articles can be submitted via email to: MEDIA@MESKWAKI-NSN.GOV
Or mailed to:
Meskwaki Nation Times, Shannon Mitchell - Editor, 1646 305th Street, Tama, Iowa 52339

All articles submitted are subject to approval and/or editing due to the space available.
Welcome New Tribal Council Member Donica Wanatee

Newly elected Tribal Council member Donica Wanatee was sworn in at a ceremony held on Wednesday, August 31, 2022. Wanatee has been elected as Treasurer to a term ending in November 2025, joining current members Vern Jefferson, Drayton Roberts, Clinton Bear, Vance Brown, Apollo Davenport, and Zane Oldbear.

See the rest of the photos from this event at meskwakimedia.smugmug.com
ARPA FUNDING DISTRIBUTIONS

The US Treasury Department has made additional funds available to the Meskwaki Tribe through ARPA Funding (American Rescue Plan Act of 2021). Among the purposes of the funds are (1) emergency financial assistance to families impacted by loss of income due to COVID-19 and (2) help to individuals facing economic hardship as a result of COVID-19.

At its September 7th meeting, the Tribal Council approved the final distribution of emergency financial assistance to Meskwaki Tribal members for the months of November 2022, December 2022, January 2023, February 2023, and March 2023. These are the final distribution payments. Details of the distribution and required verification forms were mailed to each member on September 26 and are available in the members only section of the website at www.meskwaki.org.

The Tribal Fiscal staff will be set up in the Tribal gym for the November distribution on Thursday, October 20th and Friday, October 21st from 8:00AM to 6:00PM for enrolled members who complete the necessary forms or need assistance in completing the necessary forms.

Distribution dates are:

First/November: on October 21, 2022
Second/December: on November 23, 2022
Third/January: on December 27, 2022
Fourth/February: on January 27, 2023
Fifth/March: on February 24, 2023

The December through March payments will be direct deposited to the bank account we have on file for your monthly per cap payment. If you do not currently receive per cap payments by direct deposit, then the distribution payment will be mailed to the address we have on file. If you would like to receive the remaining distribution payments via direct deposit, please contact the Fiscal department and request a direct deposit authorization form.

For questions on filling out the forms or distribution of emergency funds, please contact Tribal Operations at 641-484-4678.
HOMEOWNER ASSISTANCE FUND

Assistance available for mortgage payments, utilities, homeowner's insurance and property tax payments for Sac & Fox Tribal Homeowners who have been economically impacted by COVID-19 pandemic.

Assistance availability is based on funding provided by the Homeowner Assistance Fund (HAF) established by the U.S. Department of the Treasury.

QUALIFYING CRITERIA:

- **SUFFERING IMPACTS DUE TO COVID-19 PANDEMIC**
- **MUST HAVE VALID ID (DRIVER’S LICENSE, STATE, TRIBAL ID)**
- **MUST HAVE TRIBAL ENROLLMENT OR CDIB DOCUMENT**
- **MUST BE HOMEOWNER AND PROVIDE PROOF OF OWNERSHIP/MORTGAGE OF RESIDENCE**
- **HOUSEHOLD INCOME CAN NOT EXCEED 150% OF THE RESIDING COUNTY MEDIUM INCOME**
- **ONE APPLICANT PER HOUSEHOLD**

If you meet the qualifications, email application to Sac & Fox Housing Development at:
HAF.office@meskwaki-nsn.gov
OR
Submit at the Sac & Fox Housing Development Office
(301 Meskwaki Road).

Applications and more information can be found at: [www.meskwaki.org/HAS/](http://www.meskwaki.org/HAS/) or by scanning the bar code on the left from your phone!

Have Questions? Call Adri at 641-481-9260 or Winona at 641-484-9261

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**Sac & Fox Housing Development at:**
November 1, 2022 in the gymnasium at the Sac & Fox Tribal Center on the Meskwaki Settlement for two positions. Polls will be open from 8:00 AM to 8:00 PM
Eligible voters are encouraged to vote!
Absentee ballot requests due by Oct. 17. Must be returned by Nov. 1.

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**HOMEOWNER ASSISTANCE FUND**

<table>
<thead>
<tr>
<th>HOUSEHOLD SIZE</th>
<th>MAXIMUM INCOME</th>
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<tbody>
<tr>
<td>1 person</td>
<td>$79,900</td>
</tr>
<tr>
<td>2 person</td>
<td>$86,200</td>
</tr>
<tr>
<td>3 person</td>
<td>$96,950</td>
</tr>
<tr>
<td>4 person</td>
<td>$107,700</td>
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<tr>
<td>5 person</td>
<td>$116,350</td>
</tr>
<tr>
<td>6 person</td>
<td>$124,950</td>
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<tr>
<td>7 person</td>
<td>$133,550</td>
</tr>
<tr>
<td>8 person</td>
<td>$142,200</td>
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</tbody>
</table>
On September 19 Meskwaki Wellness hosted the first ever 7K Fun Run utilizing the new walking trail that runs under Highway 30. 158 participants received t-shirts and snacks and enjoyed the spectacular views provided by the scenic Meskwaki Settlement landscape.

See the rest of the photos from this event at meskwakimedia.smugmug.com
Hello Meskwaki Community,

As I sit at my desk on this very warm September day, I see the physical change of the seasons approaching with the cooler mornings and earlier sunsets. Our trees are beginning to drop a leaf or two with the occasional breeze that drifts through them. Like many others, I’ve started to close our windows at sunset while the temperature slightly drops. I have also started to see the beautiful Canadian Geese flying over us as they begin their journey to a warmer climate, so while our calendars tell us that today is still summer, nature is letting us know that things are about to change.

The change coming to our museum will be a new display for our gallery, as I write this we are getting ready to welcome a new addition to our collection that will be visible as you walk through the front door. What is not visible is the amount of time that’s been invested into the preparation of this display, so I would like to take this time to mention some of the people involved. From Iowa City, MGSIGlass who built the custom glass enclosure for this display, followed by Rich Dana/Obsolete Press from Guernsey, Iowa who built the wooden base the display will stand on, we thank you! Pat Trujillo, formally from the Denver Art Museum, volunteered to take the items for the display and clean them as they were covered in dust. Mary Bennett from the State Historical Society coordinated the process and helped to move the display case/display stand from Iowa City to Tama. Finally I would like to thank Johnathan Buffalo for securing this display from the Chicago Field Museum and making it possible for it to be a part of our collection. Here in our museum, people will be able to see this model of how our ancestors once lived, then contrast and compare what elements remain a part of our current culture.

One element of our culture that is back is our precious cattail mats, once only a memory shared in photographs, the process of harvesting, processing and weaving are with us once again. Every Wednesday evening the women in this weaving group meet at the Meskwaki MNR building for a meal, followed by a few hours of weaving, cleaning and sorting cattails. Women from our community are always welcome to join us to help keep this tradition alive. Also coming in the near future will be Museum Beading/Sewing nights once again. These will happen on Thursday evenings sometime this month of October. We look forward to seeing you!

Sincerely,

~ Bonabiga-Mary Young Bear
tc.historic@meskwaki-nsn.gov
EVERY WEEKDAY
-WALK FOR LIFE-

Physical activity is important
The minimum recommended amount of physical activity each week is 150 minutes. Walking is one of many ways to reach that goal. We will meet every day at 9 a.m. to walk around the pow wow grounds, at your own pace, for 30 minutes. Dress appropriately.

WHO: ANYBODY AND EVERYBODY!

WHAT: WALK AROUND THE POW WOW GROUNDS

WHEN: MONDAY THROUGH FRIDAY @ 9AM

WHERE: POW-WOW GROUNDS

WHY: TO HELP YOU MEET YOUR DAILY PHYSICAL ACTIVITY REQUIREMENTS

QUESTIONS?
Call Max Youngbear (641) 484-4994 ext. 9426
Check the Wellness Facebook page for updates!
Walking will continue until weather is deemed too cold

Tuesday
5:30-6:30AM w/ Jason
6:00-7:00PM w/ Sidney

Wednesday
5:30-6:30AM w/ Jason
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Thursday
5:30-6:30AM w/ Jason
6:00-7:00PM w/ Sidney

Prizes
Prizes for attending
6+ classes
9+ classes
All 12 classes

Fall Into Fitness Challenge
October 4-27, 2022
Sign-ups: September 26-30, 2022 at the Wellness Center
Fitness classes will be held in-person only on Tuesday, Wednesday, Thursday during the challenge.
One morning class with Jason, one evening class with Sidney.
Class location will vary, held at the Wellness Center and Tribal Center Gym.
You receive one (1) point credit for attending one (1) class per day.

Who: Anybody and everybody!

What: Walk around the pow wow grounds

When: Monday through Friday @ 9AM

Where: Pow-Wow grounds

Why: To help you meet your daily physical activity requirements

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HEALTH & WELLNESS

OCTOBER DIABETES PROGRAM EVENTS

DIABETES PRODUCE SHARE PROGRAM
October 5 from 1:30-4:30pm
Patients with diabetes can receive produce each week of the growing season at Red Earth Gardens.

COOKING DEMO WITH JENNIFER
October 5 at 1:30 pm
Pick up your Diabetes Share at Red Earth Gardens and attend this delicious cooking demo using fresh REG produce.

DIABETES BINGO
October 11 at 2pm
Pick up your Diabetes Bingo card by October 10! Health Clinic and/or on Zoom Meeting ID: 780 4149 0884 Passcode: nAGf0b

DIABETES SUPPORT GROUP
October 19 at Noon
Tribal Center Snack Bar
Topic: Diabetes and Exercise with Max Youngbear

INNOVATIONS IN DIABETES
October 27 at 11 am and 3 pm at the Health Clinic, Snacks will be provided. Information session about technology and ways to deliver insulin. Come learn more about it with Mary Beth from Medtronic. Please sign up by Monday, October 24.

WALKING / EXERCISE PROGRAMS
See all the fun being planned for you on page 8!

SURVEY RESULTS ARE IN!

The Meskwaki Diabetes Program, along with the Meskwaki Health Clinic, would like to thank the 180 people that filled out the Needs Assessment Survey during the month of August.

The survey showed 62% of the people that filled out the survey believe they are in good or excellent health. That’s more than half of the respondents. “Great job” along with a pat on the back goes out to everyone working on their health and wellness journey.

The Diabetes Program is here to educate and help community members as each works toward better health, especially those that stated they are not in the health they want to be in. A big “thank you” to those who shared reasons why they did or did not receive diabetes services through the Meskwaki Health Clinic. This data will help us better determine ways to be available to you in the future.

The survey revealed that more than 81% of the community is aware of the Meskwaki Diabetes Incentive Program and that 81% of the people with diabetes are either somewhat satisfied or very satisfied with the services provided through the clinic. We are happy to see this result and want to help those who aren’t quite there yet, too.

If you are one of the 18% of people who said they weren’t aware of our programming, or not quite as satisfied, or just have questions about it… Please call Jennifer Scales at (641) 484-4094 to learn more. We are here to help!

One of the most exciting things shown on the survey is that 62.6% of the people surveyed said they exercised 1 to 5 times a week or more. We hope you keep that up!

To assist, we recently hired a new Health Educator, Max Youngbear, who can help you reach these types of goals. If you’d like to meet him, consider joining his new walking program, which just started in October.

Each weekday morning at 9 AM the group will meet at the powwow grounds to walk at their own pace for 30 minutes. Additionally, consider joining the staff at the Wellness Center for their new fitness program going on in October. Contact Jason or Sidney to learn more about it and/or join the Clinic for this month’s outdoor fun run/walks. See details about all of these on page 8.

Thank you, again, for filling out the needs assessment survey in the month of August. Through the survey, we learned about some of your barriers to exercise, as well as issues you have pertaining to eating healthy fruits, veggies, and traditional foods. We will be working on programming to help with these in the next few months.

Additionally, we look forward to seeing you at our October events. You’ll find them listed in the black area of this page, listed to the left. We’ll have a cooking demo, diabetes bingo, support group and a diabetes innovation luncheon this month.

We are here to partner with you along your health journey. Please contact us with questions, concerns, ideas, and comments for ways to make the Diabetes Program work better for you!

~ Jennifer Scales, RDN, LD

Meskwaki Health Clinic
Transport

Tatum will be available to transport anyone during the week days (Monday–Friday) from 8:00 a.m. until 4:30 p.m. to and from any daily grocery runs, Walmart, bank, etc… Non-medical transports only.

Contact Tatum to set up a time for transport at (641) 481-5067 or (641) 484-4094 ext. 9410.

-Thank you
September 12, 2022

To Whom It May Concern:

The Meskwaki Tribal Health Clinic takes patient privacy and confidentiality very seriously and understands the boundaries in which the facility and the staff can and cannot operate under federal law. Staff are provided annual HIPAA training to ensure they remain up-to-date on the latest updates to the privacy act and other related laws that govern patient health information protection.

There was an incident recently brought to my attention in which the check-in process on our I-Pads were providing predictive text to patients as they typed in their name. Once discovered, this feature on each device was disabled. This is an internal setting on the I-Pad and not related to the check-in software the Clinic is using, Clear Wave or our electronic health record (EHR) software. Staff are now manually checking each I-Pad following the use by a patient to ensure the predictive text option is not turned back on. While I looked into this incident, I also relayed the information to the Tribe’s Attorney General’s Office for their review. Given no private information was revealed, we determined this to be a non-reportable event and created a policy on I-Pad usage and check-in processes.

We looked thoroughly into the situation and based on the software we use and how it is set up, you cannot access any information unless you have the matching name and DOB. So while the predictive text may have offered an option for another last name, unless you personally knew this individual’s DOB and intentionally submitted their information knowing it wasn’t you, there is no way to move on to the check-in process and it is aborted. Using support staff from Clear Wave, we ran reports of check-in and aborted check-ins for the day in question and no names out of the ordinary popped up and no names that were not supposed to be there, showed up. This data is captured electronically the instant the I-Pad is used for auditing purposes. Finally, the I-Pads do NOT contain our EHR software so there is no way to access any patient medical records, at all.

To ensure all ends were covered, the Clinic did submit a self-reported notification to HHS. We do believe, in all fairness, staff or the facility did NOT violate any HIPAA laws regardless of claims made by any individual. The Clinic performs an annual Security Risk Analysis on all equipment and addresses any findings. To this date, the Clinic has never had any at-fault HIPAA violations and our goal is for continued compliance.

We take this part of our jobs very serious knowing the health information collected is private, owned by the patient, and understand on our end what the law requires from staff and the facility. We honor the trust the community puts in our staff and facility. The Meskwaki Health Clinic wants to continue operating in such a manner, that trust is never a question in anybody’s mind.

Thank you for allowing us to provide all your health care needs. Any questions can be directed to Rudy Papakee, Health Director, at 641.484.4094.

Thank you,
Rudy Papakee, MHA
Health Director
HEALTH & WELLNESS

MESKWAKI CLINIC VISION PROGRAM

• Do you need your eyes checked?
• Are you an active patient at the Meskwaki Health Clinic?
• Do you have a CDIB or Tribal ID on file with the Clinic?
• Do you reside within 25 miles of the Clinic?

If you said yes to all of the above, you may qualify for the Meskwaki Clinic Vision Program.

The Meskwaki Health Clinic Vision Program provides partial payment to certain providers so you don’t have to pay some of the out of pocket costs for eyeglasses. We provide:

$275 a year for children 17 years and younger
$275 every two years for adults 18 and up;
(Diabetic patients can receive this benefit yearly)
$450 every two years for Elders 60 and up

The program provides these payments through “Vision Vouchers” which can be obtained from the clinic before going to the eye doctor. Vision Vouchers can be submitted to the following providers:

• Walmart - Marshalltown location only
• Eye Care Associates - Toledo location only
• Wolfe Eye Clinic - Marshalltown & Toledo

To obtain one, contact Amanda H., the Vision Specialist at the Meskwaki Health Clinic, at least 72 hours in advance of your visit.

*Patients have the option of going to other eye clinics. However, patients would need to pay for services out of pocket first and then bring the receipt to the Meskwaki Health Clinic for reimbursement.

If you have any questions about whether you qualify, please contact Amanda H. at the Meskwaki Health Clinic at 641-484-4094.

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PHARMACY CORNER

Flu shots are now available at the clinic. Call the receptionist to schedule an appointment or simply walk in to the clinic and request one. Get protected, get immunized!

October is National Breast Cancer Awareness Month. Breast cancer is the second leading cause of cancer in women. The key to beating breast cancer is early detection and screening. Breast cancer can be beaten if it’s caught early. Mammograms are the best method to detect the cancer early. Mammography services are provided through the clinic. It’s important for women 40 years of age and older to talk to their provider about when to start getting mammograms. Remember, early detection is important!

Do you want to save time when you come to the pharmacy? Call the pharmacy at least 24 hours in advance to be sure that your refills will be ready when you arrive. Also, try to avoid peak times to avoid waiting in line. Peak pharmacy times are typically first thing in the morning and after 4:00pm in the afternoon. Friday afternoons are especially busy as everyone is trying to get their medication before the weekend. Plan ahead and save time!

~ Meskwaki Pharmacy
On September 15, a group of foragers, accompanied by members of Food Sovereignty, got down and dirty at the Amana Lily Pond digging for water potatoes. The potatoes were/will be used in a traditional meal. Photos provided by Christina Blackcloud.

On September 20, MBH held their monthly social gathering at the tribal center gym. The topic of discussion was Vitamin D: Sunshine, Supplements, and Food. Eagle Feather was the guest drum group and Desse Sheridan cooked up the frybread. Photos provided.
WORKFORCE DEVELOPMENT

WORKFORCE DEVELOPMENT UPDATES

Earlier this year, the department was awarded a grant from the Iowa Workforce Development for the Future Ready Iowa Youth Summer Internship Program. Our department managed its first summer youth internship program from June through August. Stephanie Snow, Workforce Education Coordinator, and Avis Bear-Bass, Youth Education Coordinator, led the program, and they both did a great job! They recruited 14 youth to participate in the 8-week program; this project provided them with access to career exploration and paid on-the-job training. The interns participated in work readiness classes that covered time management, customer service, workplace safety, resume writing, and financial literacy. Interns were allowed to self-explore through personality assessments and took the National Career Readiness exam administered in partnership with IowaWorks, the state workforce development office.

A key partner to this project was the Meskwaki Apprenticeship Program which interned five youths in the following fields; carpentry, pest control, electrical, and plumbing, to explore trades as a career. Other partners to the project were Meskwaki Food Sovereignty Program, Meskwaki Media, Meskwaki Health Clinic, Meskwaki Settlement School, and Meskwaki Travel Plaza. We would like to “Thank” all those departments who participated in our summer intern program and the youth who finished the program; we look forward to next year’s summer internship program.

In other news, the tribe was awarded a USDA sub-grant partnering with the Iowa Local Foods Purchasing Assistance Program (LFPA). The LFPA program is part of the “Build Back Better” initiative, authorized by the American Rescue Plan. The program’s purpose is to maintain and improve food and agricultural supply chain resiliency within state and tribal governments to support local, regional, and underserved producers through the purchase of domestic local foods (Iowa LFPA, 2022).

Our work plan is to have a monthly distribution of 150 food boxes (one per household) for October, November, and December. Red Earth Gardens will also stock the community coolers when produce becomes available. We will post flyers with instructions on signing up for the food boxes and distribution dates.

~ Shelley Kapayou, Workforce Dev. Director
HEMP

HARVEST SEASON FALLING INTO PLACE

Harvest season greetings from Meskwaki Hemp Supply, Inc. With fall officially here, and the shorter, cooler days that accompany it, we have been making preparations for this month’s harvest. Things have been admittedly challenging, working through lack of infrastructure and equipment, but we are thankful that everything is falling into place for a good first harvest of hemp this fall. The hemp dryer is assembled and now has propane, and electrical power hooked up, thanks to Bob Jones and the Electrical Apprenticeship crew.

We are getting everything else necessary for the harvest and drying, processing, and barreling of the hemp prepared as well, as we look to begin harvesting at the beginning of the month. Alex Frankila, Hemp Compliance Officer from Meskwaki Natural Resources, came and took the plant sample for our hemp compliance test on Friday, September 23rd, which means we will have 30 days, until October 22nd, to get all the plants out of the field. I am glad to report that all 4 of the genetic varieties of hemp we grew this year passed the compliance test with THC levels below the 0.3% level, and now we await final reporting from the compliance lab to the USDA to begin harvesting, which we plan to begin Monday, October 3rd, if not a little earlier, depending on the weather…

The compliance testing was not without its drama, and seems to fall in line with the rest of the unpleasant surprises and struggles throughout the growing (ahem, I’m looking at you, millions of grasshoppers)! We had a lab all lined up for the final compliance test, and long story short, it fell through at the last minute, while delayed monitoring test results revealed a spike in THC somewhat unexpectedly, and as a result we needed to get compliance testing done ASAP. However, although stress-inducing, I would like to highlight that many in Tribal Ops rose to the occasion to work quickly with me to find a replacement lab. Alex out at MNR, Joshua in Legal, and Elizabeth, Anne, Susan, Janet, and Ivy in Fiscal all pitched in and as a result, we were able to get another lab located, approved, and samples shipped off in less than 24 hours! My humble and sincere thanks for your help and teamwork to make the dream work.

From the field, we will drive the plants up to the old Youth Program house site to the hemp dryer where we will get the plant material into the stainless steel drying bins, and then place them onto the dryer for about 16 hours. After testing to make sure we have it dry enough for storage, we will strip the leaf and flower material off of the stems, and then put them into barrels for storage, until the yet-to-be formed hemp oil extraction and product manufacturing corporation is up and running and can then make the hemp into premium quality nutritional supplements, and other value-added products.

~ Grant Shadden, CEO & General Manager, Meskwaki Hemp Supply, Inc.
On August 30, the Meskwaki Settlement School held a flag raising ceremony to kick off the 2022-2023 school year. An invocation, the flag song, victory song, and round dance song were observed.
On September 13, 2022 Meskwaki Nation Child Support Services hosted an event honoring our Kokos and Medos at the tribal center gym. Attendees enjoyed a traditional meal along with door prizes and games.

See the rest of the photos from this event at meskwakimedia.smugmug.com
Meskwaki Higher Education Program Notice:

The deadline for NEW students for SPRING 2023 is NOVEMBER 1.

All students who applied for FALL 2022 will be continued into SPRING 2023, so no application needed.

Please provide your final grades for FALL 2022 when available.

No grades, no new funding.
CO-PARENTING
Crucial Conversations

1. What values are important to you?
2. What rules are important to you?
3. What religion is important?
4. When is bedtime during school vs summer?
5. What is the bedtime routine?
6. Will there be technology limits?
7. What sports, camps, or extra curricular activities are important?
8. When will dating be allowed?
9. What are the rules for sleep overs?
10. What age will makeup be allowed?
11. What chores will be required?
12. What forms of discipline will be used?
13. Will they get an allowance?
14. What doctors will be chosen?
15. Who will go to doctors appointments?
16. Will you attend parent/teacher conferences together or separate?
17. Will birthday parties be together or separate?

www.healthycoparenting.com

MESKWAKI ELDERS CIRCLE MTG:
Oct 18TH, 2022 @ 4:30PM CSS BLDG

MESKWAKI NATION TIMES
Volume 19 Issue 10

Thank you for attending the CSS’
KoKo MeDo Celebration 9/13/22

-Grandparents Day was Sept. 11th this year-
144 people attended the event!

CSS WAS HONORED Iola Snow
was present being an honorary elder
of the Tribe.
Her grandchildren were happy to
present her with her gifts.
And call names of those who received an umbrella.
Thank you to the other kiddos who announced
names. Keep being brave and public speaking!

THE TOP 3 ELDEST MEMBERS AT THIS TIME:

Myrtle Keahna Horace Poweshiek II
Nadine Kerchee Charles Old Bear
Iola Snow Nathan Ward Bear

Nadine & Horace’s gifts were mailed to OK—

Big hugs to the Agnes Shuckahosee family as she was
one of the Tribe’s honorary eldest in 2021.

MESS KITS WILL BE AT
FUTURE EVENTS.
WHICH ONE?! COME TO
THEM & FIND OUT—
CSS’ INTENT IS THE
COMMUNITY TO HAVE
LESS LANDFILL, LESS
WASTE & LESS PAPER
PRODUCTS. LET’S BE
RESPONSIBLE, BRING
YOUR OWN DISHES
JUST LIKE WE USED TO.
LET US TAKE CARE OF
OUR MOTHER EARTH.

MESKWAKI ELDERS CIRCLE MTG:
Oct 18TH, 2022 @ 4:30PM CSS BLDG

If you choose to have a child with someone, you automatically
choose to be a parent with that person.
You don’t get the right to change your mind just because it
didn’t turn out the way you expected it to.
You still have to be a parent with the other person.
Do what’s best for your child...Not what’s best for you.

SUPPORT CO-PARENTING

FB.COM/WOMENFORFATHERSRIGHTS

www.nativeamericanfathers.org

Our ancestors were a
family-centered people.
To honor our ancestors &
continue their
culture, we must link
generations & take care
of our families by
strengthening
relationships.

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BIA REPORTS ENERGY ASSESSMENT TO COUNCIL

Ms. Squire, Mr. Brown, and Mr. Gero visited the Settlement to report to the Tribal Council on the assessment they conducted of the Tribe’s energy needs and the Tribe’s capacities to meet those needs. The report to Council will provide support to Council members in determining how to move forward in energy development on the Settlement.

—Dr. Rita S Schoeneman
Grant Development Coordinator

MESKWAKI PUBLIC WORKS EMPLOYEE AWARDED OPERATOR OF THE YEAR

In a ceremony held September 22, 2022, Roger Eberhart was named the Inter Tribal Council of Arizona (ITCA) 2022 Operator of the Year. Roger has served the Meskwaki Nation for 23 years in the Public Works department. Eberhart is married with two children and one grandchild and has lived his whole life in Montour, IA. See last month’s issue for the full story of his nomination.
Carpenter 3
Housing

DUTIES & RESPONSIBILITIES:
• Constructs, erects, installs and repairs structures and fixtures of wood, plywood and wallboard using carpenter’s hand tools and power tools in conformance with local building codes.
• Studies blueprints, sketches or building plans to determine type of material required and dimensions of structure to be fabricated and selects specific type of lumber to be used.
• Prepares layout, marks cutting and assembly lines on materials, assembles cut and shaped materials to prescribed measurements.
• Verifies trueness of structure.
• Erects framework for structures, lays subflooring, builds stairways and partitions, and installs cabinetry.
• Fits and installs prefabricated windows, doors and interior trim and finish hardware.
• Other duties as assigned.

REQUIREMENTS:
• High School Diploma or G.E.D.
• Must have at least 6 years of construction experience in the following: Framing and Layout, Trim and Finish Work, Roofing and Siding, Concrete Forming and Finishing.
• Must be in good physical condition.
• Must have initiative to motivate self and complete work as instructed.
• Must have valid driver’s license and be insurable.
• Must be willing to work overtime.
• Prefer ability to read blueprints.

ANNUAL SALARY: $51,876 - $59,696

POSITION OPEN UNTIL FILLED
For full job descriptions & information visit: https://meskwaki.applicantpro.com/jobs/

Carpenter 4
Housing

DUTIES & RESPONSIBILITIES:
• Will supervise construction crew members.
• Confers with construction Supervisor in planning and coordination of various phases of construction to prevent delays.
• Ensure that work conforms to specifications and construction schedule is adhered to.
• Perform any combination of duties associated with residential housing construction.
• Use of hand and power tools in all phases of construction.
• Maintain tools and equipment.
• Other duties as assigned.

REQUIREMENTS:
• High school diploma or GED.
• Must have at least 10 years of construction experience in the following: Framing and Layout, Trim and Finish Work, Roofing and Siding, Concrete Forming and Finishing.
• Must be able to read blueprints.
• Must have initiative to motivate self to complete work as instructed.
• Must be in good physical condition.
• Must have own transportation.
• Must have valid driver’s license and be insurable.

ANNUAL SALARY: $56,202 - $59,696

POSITION OPEN UNTIL FILLED
For full job descriptions & information visit: https://meskwaki.applicantpro.com/jobs/

Certified Medical Assistant
Health Clinic

DUTIES & RESPONSIBILITIES:
• Obtain height, weight, blood pressure, pulse, temperature, and pulse oximetry per clinic protocol. Phlebotomy including blood draws with ability to obtain age appropriate specimen within ambulatory setting.
• Assembles equipment and supplies in preparation for various diagnostic or treatment procedures performed by physicians or nurse.
• Required clinical procedures (e.g., 12-lead EKG; AED; Spirometer; Nebulizer; Audio scope; Podiatry set-up, Orthopedic preparations, Instrument Sterilization Equipment) exhibit proficiency within acute and critical care outpatient setting.
• Document electronically all patient communication, interactions, observations, and clinical treatments.
• Highly motivated team member with excellent communication and interpersonal skills who efficiently performs role with varied levels of direct and indirect supervision.
• Demonstrate respect for individual diversity. (culture, ethnicity, gender, race, religion, age, economic status)
• Other duties as assigned

REQUIREMENTS:
• Certified Medical Assistant must be a graduate from a CAAHEP or ABHES accredited program with diploma.
• Must have Certified Medical Assistant certification or must obtain within 6 months.
• Required completion of CUA-competencies and laboratory equipment proficiency within 12 months of hire.
• Must submit to and successfully complete background investigation as per P.L. 101-630 408(b) parameters.
• Prefer understanding of Ambulatory Clinic standard operating procedures. Preferred knowledge of and desire to meet CMS meaningful use recommendations.
• Prefer Quality Improvement (QI)/Quality Assurance (QA) or Improving Patient Care (IPC) knowledge with Medical Records preparation/maintenance experience
• Preferred Limited Radiography certification

SALARY: DOQ

POSITION OPEN UNTIL FILLED
For full job descriptions & information visit: https://meskwaki.applicantpro.com/jobs/
**Environmental Specialist: Land and Wildlife**

**Natural Resources**

**DUTIES & RESPONSIBILITIES:**
- Implement Natural Resources management, procedures, policies and projects, to include land, plant material, and wildlife management programming.
- Assist in the care of all Tribal lands, forests, prairies, wetlands, waters, and wildlife, to include the enhancement and protection of same.
- Conduct and assist in the development of resource assessments and inventories. Assist with development of Tribal natural resource databases, standards, and programs.
- Assist in management of tribal bison herd and bison wildlife refuge, to include routine inspections of herd and related facilities, perform maintenance to fencing/handling facility, water supply and all related components of a robust livestock operation. Responsible for annual health checks of individual animals and administering, recording, and updating vaccinations and medications.
- Take part in required “roundup” for the buffalo herd and commit to the promotion of the health and welfare of the herd in all work related to the buffalo operation.
- Keeps current and up to date on herd, pasture, and farm/ranch management techniques by attending assigned training.
- Perform routine maintenance, inspections of and repairs to all department tools, equipment, machinery, etc.
- Other duties as assigned.

**REQUIREMENTS:**
- High School Diploma or equivalent required. Bachelor’s degree in a Natural Resource Management or Environmental discipline preferred.
- Must have a strong comprehension of and commitment to the protection of natural resources and its relation to Tribal lands, cultures, and community.
- Must possess a valid driver’s license and be insurable.
- Must possess the aptitude and or experience to adeptly and safely operate heavy and light machinery and in rugged terrains, to include safe hauling practices of said equipment.
- Ability to operate hand and power tools, chainsaws and related conservation and agriculture tools, in a safe and effective manner.
- Ability to obtain a DCL class A with Air Brakes, within one year of employment. In and out of state travel required for training, conferences, and/or meetings.
- Must successfully pass a background investigation and pre-employment drug/alcohol screening.

**ANNUAL SALARY:** $42,681 - $59,612

**POSITION OPEN UNTIL FILLED**

For full job descriptions & information visit: [https://meskwaki.applicantpro.com/jobs/](https://meskwaki.applicantpro.com/jobs/)

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**Housing Specialist Accountant**

**Housing**

**DUTIES & RESPONSIBILITIES:**
- Assist in the preparation of financial reports such as financial statements and budget performance.
- Aid in the implementation of new accounting policies, standards, and guidelines.
- Provide accurate, timely, and relevant recording, reporting, and analysis of financial information.
- Prepares or verifies and encodes requisitions, invoices, complex journal entries or other transaction documents for accuracy, completeness and compliance.
- Initiate requisitions for procurement and expedition of materials and equipment for jobs.
- Provide oversight of rental payments, home assignee payments, and deduction agreements.
- Provide oversight of accounts payable and accounts receivable.
- Ensure compliance to project budgets and provide analysis of deviations.
- Maintain subcontractor and supplier insurance policies.
- Maintain relationships with subcontractors and suppliers.
- Assist in settling invoice or contract disputes.
- Assist with daily operations of Housing Office.
- Other duties as assigned.

**REQUIREMENTS:**
- A.A.in Business/Accounting and at least three (3) years of experience purchasing in the construction business. Bachelor Degree preferred.
- Must be knowledgeable and proficient in Microsoft Office Applications, Internet and email.
- Ability to learn company created software for managing projects.
- Excellent communication skills, negotiation skills, problem solving abilities, computer skills, and time management skills.
- Strong customer serve skills.
- Attention to detail, organizational skills, multi-tasking.
- Basic understanding of team building and teamwork.
- Must have a valid driver’s license and be insurable.

**ANNUAL SALARY:** $42,515 - $68,619

**POSITION OPEN UNTIL FILLED**

For full job descriptions & information visit: [https://meskwaki.applicantpro.com/jobs/](https://meskwaki.applicantpro.com/jobs/)

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**Maintenance Technician**

**Housing**

**DUTIES & RESPONSIBILITIES:**
- Conduct inspections of housing units for needed services and repairs.
- Assist with emergency and regular repairs and coordinate repairs to buildings.
- Maintain fire protection systems and equipment.
- Ensures maintenance schedules are maintained.
- Assist with preparation of Maintenance and Improvement Plans.
- Prepare activity reports and work order reports.
- Schedules and assists pest management companies with treatments, when needed.
- Assist in coordinating maintenance and repairs of heating and ventilation systems.
- Ensure maintenance records are maintained.
- The Housing Maintenance Technician has a physically strenuous and demanding job. He/she will be lifting, pulling and managing heavy equipment and objects and must be able to climb ladders and maneuver onto roof tops and other high areas.
- Other duties as assigned.

**REQUIREMENTS:**
- High School diploma or GED.
- Must have the ability to operate the basic hand and power tools used in construction.
- 3 years’ experience required in construction or maintenance.
- Must be able to work independently.
- Must be in good physical condition.
- Must have good time management skills.
- Must have knowledge of carpentry and building maintenance.
- Prefer experience with pest management systems.
- Prefer knowledge of maintenance planning and administration.
- Prefer knowledge of HVAC, plumbing and electrical systems.
- Prefer experience with inspection procedures.
- Must have a valid driver license.

**ANNUAL SALARY:** $28,330 - $46,238

**POSITION OPEN UNTIL FILLED**

For full job descriptions & information visit: [https://meskwaki.applicantpro.com/jobs/](https://meskwaki.applicantpro.com/jobs/)

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**Property Manager**

**Realty Office**

**DUTIES & RESPONSIBILITIES:**
- Management of multi-family living complexes.
- Develop maintenance and repair schedule.
- Collection of rent and other expenses from tenants.
EMPLOYMENT

**RN Clinic Nurse**

**Health Clinic**

**DUTIES & RESPONSIBILITIES:**
- Work closely with clinical staff and functions as a collaborative member of the health care team. Monitor and perform accurate and appropriate assessments for all assigned adult and pediatric patients, identifying and collecting data concerning the health status and clinical picture of each patient.
- Monitor, anticipate and respond to emergency situations. Initiate appropriate measures in emergency situations when the primary care provider is not immediately available. Start IV if ordered by primary care provider.
- Administer medications to patients as assigned by Physicians/Providers, observe patients to reaction to drugs given and reports adverse reactions or condition changes and all medication errors immediately.
- Assist in person or via phone with assessment, planning, providing, evaluating and documenting instructions and teaching to patients and families in preventive, curative and rehabilitative measures. (Telephone triage)

**REQUIREMENTS:**
- High School Diploma/G.E.D.
- Prefer A.A. Degree in Construction related field or Vocational Training Certificate.
- Prefer (3) years’ experience in construction management or as a construction jobsite lead.
- Must possess administrative capabilities.
- Must be familiar with computer and database programs; documents, email.
- Must have excellent customer service skills.
- Prefer ability to implement and process budgets.

**ANNUAL SALARY:** $43,971 - $73,028

**POSITION OPEN UNTIL FILLED**

For full job descriptions & information visit: https://meskwaki.applicantpro.com/jobs/

**Victim Advocate**

**Family Services**

**DUTIES & RESPONSIBILITIES:**
- Provide direct services to victims of domestic violence and sexual assault.
- Recruit, train, and maintain a group of volunteers who work as advocates with victims of domestic violence and sexual assault.
- Provide training on legal services available for their protection, safety, and support.
- Refer victims to community agencies and other resources such as shelters, job training, and family counseling.
- Transport clients to and from necessary appointments including medical, legal, law enforcement, court, etc.
- Provide crisis intervention to victims of domestic violence and sexual assault addressing immediate and long-term needs.
- Assist clients through and provide information of the criminal justice system.
- Assist child welfare social workers in cases involving domestic violence and sexual assault.
- Assist needs assessment and research necessary to further develop the domestic violence and sexual

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**Assistant in person or via phone with assessment,**

**Administer medications to patients as assigned by**

**Monitor, anticipate and respond to emergency**

**Care coordination and case management duties as**

**Associate of Science Degree in nursing required.**

**High School Diploma/G.E.D.**

**Prefer A.A. Degree in Construction related field or**

**Prefer (3) years’ experience in construction**

**Must possess administrative capabilities.**

**Must be familiar with computer and database**

**Must have excellent customer service skills.**

** Prefer ability to implement and process budgets.**

**ANNUAL SALARY:** $49,420 - $69,721

**POSITION OPEN UNTIL FILLED**

For full job descriptions & information visit: https://meskwaki.applicantpro.com/jobs/

**Social Worker**

**Family Services**

**DUTIES & RESPONSIBILITIES:**
- Provide services to Indian families in need of assistance.
- Manage cases, which include preparing case records, summaries, special and routine reports and other records including individual case plans.
- Provide court reports, recommendations, and testimony to Court.
- Establish goals and outcomes with clients and monitor progress on a monthly basis.
- Counsel clients and provide referrals for other services as necessary for children at risk of out-of-home placement.
- Provide information to families in the community, which will help prevent child abuse/neglect and improve family functioning.
- Assist with child abuse assessments involving Indian children.
- Assist with needs assessment and research necessary to further develop the Family Services Department.
- Other duties as assigned.

**REQUIREMENTS:**
- Bachelor’s Degree in Social Work and two years of experience in social services case management OR an equivalent combination of education and experience. Prefer Master’s Degree in Social Work.
- Must possess or be eligible for social work licensure by the State of Iowa.
- Must have excellent counseling, communication, and interviewing skills.
- Must possess a valid driver’s license.
- Must be willing to work and be on call evenings and weekends.
- Willingness to learn and incorporate skills in the cultural context of the Meskwaki community.
- Must submit to and successfully complete a background investigation.

**ANNUAL SALARY:** $49,420 - $69,721

**POSITION OPEN UNTIL FILLED**

For full job descriptions & information visit: https://meskwaki.applicantpro.com/jobs/

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**Act as liaison between tenants and the Meskwaki Realty Office.**

**Preform annual inspections and record essential hazards to health and safety of the household.**

**Perform maintenance, landscaping, repairs, and security.**

**Update and maintain realty vacancy /occupancy inventory.**

**Communicate expiring leases or termination of leases to tenants.**

**Assist with advertisement of vacant units.**

**Provide financial status reports to Realty Office.**

**Procurement of material/supplies/services for property.**

**Supervision of property management staff.**

**REQUIREMENTS:**
- High School Diploma/G.E.D.
- Prefer A.A. Degree in Construction related field or Vocational Training Certificate.
- Prefer (3) years’ experience in construction management or as a construction jobsite lead.
- Must possess administrative capabilities.
- Must be familiar with computer and database programs; documents, email.
- Must have excellent customer service skills.
- Prefer ability to implement and process budgets.

**ANNUAL SALARY:** $24.19 - $34.40

**HOURLY SALARY:**

**POSITION OPEN UNTIL FILLED**

For full job descriptions & information visit: https://meskwaki.applicantpro.com/jobs/
These current jobs are still open and will remain open until filled unless a closing date is posted on our website.

- **Administrative Assistant**
  - Sac & Fox Gaming Commission

- **Apprenticeship Director**
  - Apprenticeship Program

- **Carpentry Trainer**
  - Apprenticeship Program

- **Cert. Substance Abuse Counselor**
  - Behavioral Health Services

- **Clerk of Tribal Court**
  - Sac & Fox Tribal Court

- **Dental Assistant**
  - Health Clinic

- **Diabetes Educator**
  - Health Clinic

- **Elder/Vulnerable Adult Case Manager**
  - Family Services

- **Farm Sales Coordinator**
  - Red Earth Gardens/WFD

- **Gaming Commissioner**
  - Sac & Fox Gaming Commission

- **HVAC Technician**
  - Housing

- **MSS Custodian (2nd Shift)**
  - Meskwaki Settlement School

- **MSS Facilities Compliance Specialist**
  - Meskwaki Settlement School

- **MSS Food Service Worker**
  - Meskwaki Settlement School

- **MSS Head Varsity Girls B-Ball Coach**
  - Meskwaki Settlement School

- **MSS Math Teacher (MS/HS)**
  - Meskwaki Settlement School

- **MSS Meskwaki Language Teacher**
  - Meskwaki Settlement School

- **Police Officer**
  - Meskwaki Nation Police Dept.

- **Police Officer (Non-Certified)**
  - Meskwaki Nation Police Dept.

**REQUIREMENTS:**

- Associate’s Degree in Criminal Justice, Counseling, Public Health, Social Work, Psychology or related field and some personal or professional experience with advocacy or case management, family violence intervention, counseling, and/or crisis intervention OR an equivalent combination of education and experience.

- Preferred Bachelor’s Degree.

- Willingness to participate in certification trainings with Iowa Coalition Against Sexual Assault and Iowa Coalition Against Domestic Violence.

- Experience in grant writing and reporting is desirable.

- Must possess a valid driver’s license.

- Willingness to learn and incorporate skills in the cultural context of the Meskwaki community.

- Must submit to and successfully complete a background investigation.

- Must be willing to be on call some evenings and weekends with a rotating crisis line.

**ANNUAL SALARY: $43,097 - $64,376**

**POSITION OPEN UNTIL FILLED**

For full job descriptions & information visit: https://meskwaki.applicantpro.com/jobs/

**Fuel Truck Driver**

Meskwaki Fuels, Co. is accepting applications for a full-time position. Must possess and maintain a valid CDL-A with Tanker & Hazmat endorsement. Minimum two years of verifiable tractor/trailer experience with Tanker. Applicant must pass pre-employment DOT physical and drug screening. Applicant must possess a clear driving record and be insurable. Home daily. Excellent benefits package. Paid holidays. $1500 sign-on bonus.

Submit resume to: hr@meskwakiinc.com or Meskwaki, Inc. – Attn: HR, 1496 Highway 30, Tama, IA 52339. Questions? Please call (641) 484-9567 & ask for Human Resources. Position open until filled.

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**JOB SPOTLIGHT**

**EXPERIENCED DEALER**

Starting pay $20.00-25.00 (with tips)

**HOUSEKEEPING SUPERVISOR**

Starting pay $16.00

**SLOT ATTENDANT**

Starting pay $21.00 ($12.00 + $9 tips)

**SLOT SHIFT SUPERVISOR**

Starting pay $18.00

**EQUIPMENT CREW**

Starting pay $14.00

**BEVERAGE COCKTAIL SERVER**

Starting pay $15.00-20.00 ($7 base + tips)

**CAGE CASHIER**

Starting pay 15.00

Full-time positions offer generous benefit packages including Health Plan, Retirement, and much more. Shift differentials available too!
WELCOME TO THE TEAM

MESKWAII HEALTH CLINIC WELCOMES...

Jerry Wille, MD
Health Services - Clinic

Dr. Willie was recently hired to work at the Health Clinic. Many of you may already know him from his many years of family practice in Tama. We are excited he is joining our team.

Dr. Wille began his studies at Iowa State and then went on to Medical school at the University of Iowa. His internship was through the University of Iowa as well. His residency was in Mason City before beginning his family practice in Tama, Iowa (1986-2022).

He has three daughters, five granddaughters and a grandson. His oldest daughter is a professor at UCM (the Mules) in Warrensburg, Mo. His second daughter lives in Des Moines and is a surgery tech. His youngest daughter teaches ballet at Premier Ballet in Twin Cities.

In his free time, Dr. Wille has season tickets for college football at Iowa State and University of Missouri in Columbia. His wife Susie is from Toledo, Iowa. He’s proud to say he’s been to almost every South Tama Football game since 1986. He loves all sports but most of all basketball, football, and baseball. Although his first love is Iowa State, he is one of the few who also enjoys the ‘other’ college, the Iowa Hawkeyes. He is a fan of the Vikings and the Chiefs in the NFL, the Timber Wolves in the NBA and the Twins in MLB.

Stephanie Donaldson, RDH
Health Services - Dental

Hi, I’m Steph Donaldson and I am a Dental Hygienist at the Health Clinic. I will be providing preventative care. I have been in dental hygiene for 5 years now, I spent the first 2 years in Waterloo and the last 3 in Eldora. When I am not working I enjoy spending time with my family doing anything as long as it is outdoors.

Maximillian “Max” Youngbear
Health Services - Diabetes Program

The position that I’ve been hired for is the Health Educator. I will be acting as a resource to health education to the community and educate people on the importance of health services as they relate to preventative health. This position interests me because I believe that the health of the community is important.

I graduated from Marshalltown Community College with an A.A. in Liberal Arts. From there I transferred to Iowa State University where I received a B.S. in Kinesiology focusing in Exercise Science. Certifications that I have would include being First Aid/CPR certified as well as being certified to teach First Aid/CPR.

My hobbies include running, weight lifting, watching movies, playing videogames, cooking, and hanging out with my family. I have a wife who works at Iowa Premium beef and a son who is 4 years old.

Scott Sirois
General Manager

Scott Sirois was recently hired to serve as General Manager for Meskwaki Bingo Casino Hotel. Scott brings over 40 years of experience to the casino operation.

He began his career as a busboy at Boomtown Hotel Casino outside of Reno, Nevada. He spent 25 years there before becoming the GM at Robinson Rancheria Resort & Casino in northern California for nearly six years. Then nearly another six in Tucson, Arizona at Desert Diamond Casinos as their Chief Executive Officer. From there he moved to southern California as the General Manager for Soboba Band Luiseño Indians at Soboba Casino, competing in the second largest market in the United States. Most recently he served as GM at Coushatta Casino Resort in Kinder, Louisiana at the largest casino in Louisiana. This opportunity at Meskwaki is literally only the sixth property he has been employed by.

While spending 25 years at Boomtown, he worked nights through high school and went on to earn a Bachelor of Science degree from the University of Nevada, Reno; majoring in Gaming Management and minoring in Economics. Scott moved to Marshalltown with his bride of 38 years, Nola. They are the proud parents of three beautiful daughters. They are Tiffany, in Arlington, Virginia, Andrea in Tucson, Arizona and Cayenne lives in Eagle River, Alaska. Scott is an enrolled member of the Fond du Lac Band of Lake Superior Chippewa. Scott is delighted and humbled to be selected as Meskwaki Bingo Casino Hotel’s general manager. It is an incredibly successfully operation in a highly competitive market.
## October 2022

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<td>Meals are subject to change without notice!</td>
<td>Non-seniors who join us for congregate lunch, please pay $8.00.</td>
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<td>Please call before 10 a.m. if you need to cancel lunch! Call 484-9224. Thank you.</td>
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<td>Zuppa Toscana</td>
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<td>Breadstick</td>
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<td>Carrot cake</td>
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<td>Ham balls</td>
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<td>Meat loaf &amp; rice</td>
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<td>Liver &amp; onions</td>
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