

September 2021

“If you run out of ideas follow the road; you’ll get there.” -Edgar Allan Poe



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<p>Please call before 10:00 a.m. if you know you will not be home for your meal! Call 484-9224.</p>	<p>Meals are subject to change without notice!</p>	<p>¹ Goulash Garlic bread California blend Applesauce</p>	<p>² Grilled chicken patty Rice pilaf Asparagus Mixed fruit</p>	<p>³ Loose meat sandwich Baked chips Peaches</p>	<p>⁴</p>
<p>⁵</p>	<p>⁶</p>	<p>⁷ Hamburger/rice stew 1/2 bread Corn on the cob Pears</p>	<p>⁸ Roasted beef Wheat bread Mixed veggies Mandarin oranges</p>	<p>⁹ Ham slice Mac & cheese Steamed carrots Banana</p>	<p>¹⁰ Turkey bacon salad Croutons Salad blend Watermelon</p>	<p>¹¹</p>
<p>¹²</p>	<p>¹³ BBQ pork patty Wheat bun Side salad Tropical fruit</p>	<p>¹⁴ New England clam chowder Crackers Broccoli Strawberry shortcake</p>	<p>¹⁵ Hot beef sandwich Wheat bread Mashed potatoes/gravy Blueberries</p>	<p>¹⁶ Potato soup Cornbread Apricots</p>	<p>¹⁷ Corn meal sausage Frybread Zucchini slices</p>	<p>¹⁸</p>
<p>¹⁹</p>	<p>²⁰ Cold cut combo Wheat bun Cantaloupe</p>	<p>²¹ Baked chicken Garlic toast Peas and carrots Fruit cocktail</p>	<p>²² Pork fritter Wheat bread Mashed potatoes/gravy Plum</p>	<p>²³ Beef & hominy 1/2 frybread Blackberries</p>	<p>²⁴ Stuffed bell peppers 1/2 bread Green beans Pineapple</p>	<p>²⁵</p>
<p>²⁶</p>	<p>²⁷ Salmon salad sandwich Croissant Salad blend Raspberry</p>	<p>²⁸ Au gratin potatoes Corn Apple slices</p>	<p>²⁹ Creamy chicken/rice Bekotea Cucumber slices Grapes</p>	<p>³⁰ Beef meatloaf Roll Cauliflower Cherry cheesecake</p>		