The Swans, the Meskwaki Nation’s first female Lacrosse team, shown above after winning the Lacrosse Tournament recently held in Omaha, Nebraska.
DIRECTORY

TRIBAL POLICE 484-4844
FOR EMERGENCIES DIAL 911

Tribal Operations
Tribal Center Offices 484-4678
• Attorney General Office 484-4678
• Child Support Services 484-9301
• Economic Development 484-9501
• Enrollment 484-9233
• Executive Offices 484-4678
• Facilities Management 484-9255
• Family Services 484-4444
• Fiscal 484-4678
• Higher Education 484-3157
• Historical Preservation 484-3185
• Housing/Realty 484-4972
• Human Resources 484-4678
• Information Technology 484-4245
• Language Preservation 484-3185
• Media Services 484-9439
• Natural Resources 484-3511
• Police 484-4844
• Prosecutors Office 484-4678
• Public Defender’s Office 484-9214
• Public Works 484-4600
• Senior Services 484-9224
• Victim Services Crisis Line 481-0334
  * Answered 24 Hours
• Youth Program 484-5369

Meskwaki Health Services
Health Clinic 484-4094
• Contract Health Services 484-9406
• Benefits Coordinator 484-9404
• Medical Records 484-9431
• CHR Program 484-9419
• Diabetes Program 484-9414
• MADAC 484-9482
• MADAC Crisis Line 481-0049
  * Answered 24 hours
• Pharmacy 484-9451
• Wellness Center 484-9272

Meskwaki Settlement
School
• Primary 484-4990
• High School 484-9000

Meskwaki Entities
GAMING COMMISSION 484-1450
HOUSING AUTHORITY 484-6106
MESKWAKI CASINO 484-2108
TRAVEL PLAZA 484-9350
TRIBAL COURT 484-9300
MESKWAKI, INC. 484-3820
PINNACLE BANK (Mtown) 752-2393
PINNACLE BANK (Toledo) 484-7303

SAC & FOX TRIBE OF THE MISSISSIPPI IN IOWA

The Meskwaki Nation
349 Meskwaki Road
Tama, Iowa 52339
Phone: 641-484-4678 or 800-944-9503
Fax: 641-484-5424

“TO RELY ON THE KNOWLEDGE AND EXPERIENCES OF THE PAST, ALONG WITH THE WILL TO SURVIVE TO ADVANCE THE PEOPLE, CULTURE AND WELL-BEING OF THE MESKWAKI NATION.”

Chairwoman - Judith Bender
State, Local & Federal: Term expires November 2021
Vice Chairman - Drayton Roberts
Health Term expires November 2024
Treasurer - Delonda Pushetonequa
Enrollment: Term expires November 2021
Member - Clinton Bear
Agriculture: Term expires November 2024

If you have recently moved, please update your address with the Finance Office. Tax documents, checks, the MNT, and other notices are sent to tribal member’s addresses on file. Address change forms are available at the front desk of the Tribal Center and available for download on our website at: WWW.MESKWAKI.ORG
(Click on the Government/Finance links)
Forms can also be mailed, faxed or emailed to you upon request.

NO CHANGES WILL BE ACCEPTED OVER THE PHONE.
If you have questions, please contact Jordan Bear in the Finance Office at 641-484-9202.

The Meskwaki Nation Times is a monthly publication available to all enrolled adult tribal members by mail. Meskwaki Media Services is a member of the Native American Journalists Association.

The deadline to submit articles for the next edition is:
JUNE 21, 2021

Articles can be submitted via email to:
MEDIA@MESKWAKI-NSN.GOV
Or mailed to:
Meskwaki Nation Times, 1646 305th Street, Tama, Iowa 52339

All articles submitted are subject to approval and/or editing due to the space available.
TRIBAL COUNCIL LIFTS COVID-19 RESTRICTIONS

Due to the high vaccination rates in our community and the substantial decrease in the number of positive Coronavirus (COVID-19) cases in Iowa and across the Sac and Fox Tribe of the Mississippi in Iowa (Meskwaki Nation), the Tribal Council will lift all restrictions across the Meskwaki Settlement.

The Meskwaki Nation’s mission is “To rely on the knowledge and experiences of the past, along with the will to survive to advance the people, culture and well-being of the Meskwaki Nation.” With this mission as its foundation, the Tribe now seeks to move forward toward normal operations following a year of COVID-19 protocols including mask mandates, restrictions on social gatherings, and mandatory temperature checks.

The Tribe slowly and methodically began bringing back its day-to-day operations back in June of 2020. The Tribe followed the guiding principles as decisions were made in the best interest and safety of the community during the height of the pandemic including:

- Served and supported the needs of the Meskwaki community with compassion and flexibility.
- Prioritized and reopened programming and services with regard to their impact to the community based on the health and safety of the Meskwaki people, community members, staff, and visitors – with extra care and consideration of the most vulnerable populations on the Settlement, its elders and youth.
- Followed medical advice and directions from Meskwaki Health Services and CDC guidelines.

Beginning June 1, 2021, Tribal Council will lift all restrictions put into place by the approved Meskwaki Nation Reopening Plan. In order to continue to serve the Meskwaki community in a more expanded capacity, the following activities are included:

- Administrative buildings will open at pre-COVID-19 status with access to anyone. Temperature checks will no longer be required.
- Only those community members and staff who are NOT fully vaccinated against COVID-19 will be required to wear a mask. The “honor system” for mask requirements will be put in effect. All non-Settlement visitors to the community will still be required to wear masks.
- Buildings will no longer hold limits on capacity. Programmatic activities may resume full-time as deemed fit by the program director.
- All social, community, recreational, leisure, and sports gatherings and events are now allowed at all locations and venues on the Meskwaki Settlement.
- In-person meetings may resume in all Tribal buildings. Non-vaccinated employees and guests must wear masks for the duration of the meeting unless eating or drinking. Fully vaccinated employees and guests are not required to wear masks unless they choose to do so.
- The Tribal Center gym and snack bar will re-open for community use.

Tribal Council is grateful to every community member who has demonstrated incredible resolve and support for one another during the pandemic. The Tribe vows to continue taking the necessary actions to promote safety on the Meskwaki Settlement and seeks to re-enlist the community’s ongoing support to keep the coronavirus at bay through ongoing education, communication, and vaccine availability.

For more information and/or questions on the Meskwaki Tribal Operations Reopening Plan, contact Executive Director Lawrence SpottedBird at (641) 484-9229.

*The above information relates to administrative buildings and departments associated and connected to the operations of the Meskwaki Tribal Government. Guidelines for the Meskwaki Bingo Hotel and Casino, the subsidiaries included within Meskwaki, Inc., and other Tribally owned entities may and will differ.
Hello Meskwaki Community!

Summer is almost here but it doesn’t really feel like the cool, rainy weather we had while I was writing this. I know this cool weather will pass as it always does and summer will be here soon enough. Hopefully everyone is getting their gardens in and enjoying the warmer weather. I’d like to thank Food Sovereignty for the beautiful seeds and seedlings that were shared with our community. The seeds will go a long way towards helping our community eat better and healthier in the coming months. It’s also an opportunity for us to grow our traditional corn and our Indian corn is one of the most valuable things we carry as a people and we cannot place a monetary value on it. Making these seeds available to our community is one of greatest things this program does for us. Ketebi Food Sovereignty for everything you do!

As I write this, families in our community are getting ready for graduation celebrations and High School, and College students have walked or will walk the stage to accept their diplomas. I celebrate every one of you and wish you nothing but success in whatever you choose to do. You have made us all proud! Doing this during a pandemic is nothing short of a miracle, so congratulations!

Since the weather is beginning to warm up, our museum may be opening our door to visitors again but we haven’t been given a go ahead yet. It’s also time for us to begin working on our cattails again. We need to continue cleaning and cutting cattails in order to start weaving mats again. Each step of this process is important and making these mats is an old cultural practice for our tribe, which means we follow traditional protocols. We use tobacco for prayer and we give thanks to creator for these plants.

We intend to follow this practice and hope that anyone involved will do so as well. Our people have been very fortunate to have been able to retain cultural integrity when it comes to respect and observance of protocols regarding tobacco. That being said I ask women that are on their time to refrain from participating. Be respectful of these rules because it will reflect on our work if you don’t. We use tobacco before we start working, and we treat our plants with the utmost respect. Prayer is an important aspect of everything we do. We pray before we harvest and we make a promise to these plants that we will be respectful and use them to help our families, we let them know when it’s our time to pass, our bodies will return to the earth and will take care of their families. This is a teaching I was given and I do my best to practice and share.

~ Bonabiga- Mary Young Bear

HISTORICAL PRESERVATION

A NOTE FROM HISTORIC PRESERVATION

Hello Meskwaki Community!

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~ Bonabiga- Mary Young Bear

COVID SAFETY

MESKWAHI COVID-19 UPDATE

As of May 25, 2021 the COVID-19 positivity rate for the Meskwaki community remains at zero. The Clinic, while conducting substantially less daily testing, has had zero positive cases of COVID-19 in well over two weeks. This is amazing news as we have not had this success against COVID since the pandemic was first realized back in February of 2020. The vaccines have played a major role in this reduction of cases. The Clinic has received a total of 6,880 vaccine doses and have administered 4,014 doses to date. This includes vaccinating the Meskwaki community and assisting schools, businesses, and other outside communities in Iowa. Staff continue to provide the vaccine to anyone wanting one and will continue to provide outreach to other communities in the months ahead.

The CDC recently updated much of the guidance with regard to those individuals vaccinated. Fully vaccinated people can now go without masks, do not have to quarantine if/when exposed to a positive COVID-19 individual, and are for the most part, back to pre-COVID activities. For those non-vaccinated individuals, the rules of exposure and quarantine will remain in effect. Overall the response to the vaccine has been very positive. Anyone 12 and older is currently eligible with studies being done on the efficacy in children as young as 2 years old. The initial hope is to have the vaccine ready for all school aged children by this fall to ensure a safe and productive learning environment for the next school year.

We will continue to monitor and share factual information on any changes that come to us regarding COVID-19 and/or vaccine updates. Finally, the Health Clinic encourages everyone to get the vaccine to help protect yourself, loved ones, and others from the Meskwaki community.

Thank you,
~ Rudy Papakee, MHA
Health Director
ATHLETICS

LACROSSE MAKES A COMEBACK ON THE MESKWAKI SETTLEMENT

In 2016, Britt Mitchell and Youth Services Director Tashina Azure began reintroducing the game of lacrosse to the Meskwaki Nation. Starting with just 10 boys, Mitchell brought out all his old sticks and gave them to the kids to use. The program grew from there.

After teaching the youth the basics, he had enough kids to field three boys’ teams across the Iowa Lacrosse Association, with one team capturing second place their first year. Adding more kids each season, the program saw 55 boys participate before COVID-19 halted their season.

This spring, Mitchell added a girls team named the Swans.

After an undefeated first season, the Swans recently traveled to Omaha, Nebraska to play in a tournament held at Creighton Preparatory School. They played 3 games and won, taking them to the championship game where they defeated the West Des Moines Tigers in the final game to take 1st place. (See picture on the cover of this month’s Meskwaki Nation Times.)

Participants included: Karsyn Wolf, Dorothy Bear, Eva Roberts, Genecia Cooper, Sade Kapayou, Cahysia Kapayou, Isabella Kapayou, Miley Perez, Johnelle Roberts, Isabella Bear, LaLaya Shuckahosee, Sunshine Youngbear, Bree Scabbyrobe, Nevaeh Buffalo, Aurora Bear (Not pictured: Viviana Wanatee). Coaches were Britt Mitchell, Zane Old Bear, Darrion Murray, and Jenn Wanatee.

Lacrosse is a team sport played with a lacrosse stick and ball. It is the oldest organized sport in North America, with its origins coming from a tribal game often called “stickball” played by Native people across the Eastern Woodlands areas. In its beginning, it was played to thank the Creator for the life and gifts given. Sometimes it was played to settle tribal differences or to prepare warriors for hunting and battle. It was often played with no set number of players. The game was originally played with a wooden ball, which was later upgraded to a ball made of deerskin and stuffed with fur and included wooden sticks topped with a net made of deer sinew.
I had the opportunity to see and capture some Meskwaki athletes participate at the 2021 IHSAA Track & Field State Meet on Thursday, May 20 at the Blue Oval. Rain or shine, it was awesome seeing these amazing student-athletes competing against the best in the state. Congratulations and job well done to all of our state qualifiers. We are all very proud of each and every one of you. ~ Kiyanna Pushetonequa, Media Services
Pictured are:
Sia Bear (Freshman at MHS) - Daughter of Shoshonis Brown and Matt Bear
Shye Johnson (Junior at MHS) - Daughter of Stephanie Vest and Jeremiah Johnson
Trusten Rosenberger (Junior at STC) - Son of Tamara Mauskemo and Ty Rosenberger
Taurice Grant (Senior at MHS) - Son of Christina Alamo and Garner Grant
Eli Keahna (Senior at STC) - Son of Marsha and Verlyn Keahna
Aaron Campbell (Junior at GHS) - Son of Kathleen and Dan Campbell
LANGUAGE PRESERVATION UPDATES

The Meskwaki Language Preservation Department resumed the Meskwaki Language for Adult Beginners classes in March of 2021. All classes are meeting via Zoom Video Communications.

Group 25 of the Level I Learners meet with Kidasea on Wednesday morning from 10:00 A.M.-12:00 P.M. Group 26 of the Level I Learners also meet with Kidasea on Wednesday evening from 6:30 P.M.-8:30 P.M.

Group 12 of the Level II Learners meet with Netawi on Tuesday evening from 6:30 P.M.-8:30 P.M. Group 13 of the Level II Learners also meet with Netawi on Wednesday evening from 6:30 P.M.-8:30 P.M.

Group 7 of the Level III Learners meet with Ketabia on Monday evenings from 6:30 P.M.-8:30 P.M. Group 8 of the Level III Learners meet also meets with Ketabia on Thursday morning from 10:00 A.M.-12:00 P.M.

Group 5 of the Level IV Learners meet with Medenea on Tuesday evenings from 6:30 P.M.-8:30 P.M.

There are currently sixty-one (61) active learners participating in this current 16-week session of the Meskwaki Language for Adult Beginners classes. We anticipate all Groups to complete the session by the end of July 2021. Fifty-two (52) learners are ikwewaki while nine (9) are neniwaki.

To date, 282 metoseneniwaki have contacted our program to express their interest in participating in our Meskwaki Language for Adult Beginners classes.

To date, seven learners have successfully completed all five levels of the Meskwaki Language for Adult Beginners classes currently being offered. These seven learners have participated in over 120 hours of class time. Wettitawi to Ladonna, Wanasattia, Kiyasikwa, Bemisekwa, Wakosige, Bemosaha, kaoni Ttinabia!!

If you're interested in participating in our adult beginner class please contact us at 641.484.9288; send us a message via Messenger; send us a message on our Facebook page “Meskwaki Language Preservation” or send Anemakekwa an email at oa.language@meskwaki-nsn.gov.

Thank you!
HEALTH & WELLNESS

Are you at risk for diabetes?

Have you been diagnosed with prediabetes?
Did you know more than 1 in 3 American adults has prediabetes? 90% of Americans with prediabetes but don’t know it.

We are here to help you learn about ways to prevent or delay developing diabetes. Prediabetes is treatable! Here’s how:

• **Lose weight!** Helping participants lose 5-7% of their body weight is the goal for our diabetes prevention program. (That equates to 10-14 pounds for a person who weighs 200 pounds.)

• **Become more active!** We help participants gradually increase their physical activity to 150 total minutes per week.

• **Eat healthy foods!** By eating smaller portions, participants can reduce fat in their diets and discover healthier food options.

We are looking for community members who want to make changes in their health by participating in the Diabetes Prevention Program offered by the Halt Iowa app. Participants are able to learn from a trained lifestyle coach, gain support from other community members, and learn skills to be successful. The program is a year in length.

If you would like to sign up for the Diabetes Prevention Program, call (641)484-9421 or email Jennifer Scales at jennifer.scales@meskwakinsn.gov.

UPCOMING EVENTS
June 8th and 9th - 8 to 10am Sign-up for the Red Earth Gardens Share program at Health Clinic. Call for details.
June 9th at Noon @ Zoom “Cooking for One or Two” from the Iowa State University Extension and Outreach Nutrition Program. Call to sign up.
June 23rd from 1-4 pm Red Earth Gardens Share program. All diabetes participants can pick up a bag of veggies.

JUNE 27th from 10-2 pm GOLF OUTING (See flyer printed on the right.) Please sign up by June 18.

July 5th - 5K WALK/RUN Registration start at 9 am, run starts at 10am!

July 5 from 11am - 1 pm Community Holiday cookout. Watch for details.

GOLF OUTING
FREE: Cart + 9 holes
2 Person Teams
One person on team must be a patient with diabetes
• Lunch Provided!

Located at:
Tama- Toledo Country Club
Time: 10 am- 2pm

CONTACT: Ashley A, Health Educator
On Facebook or call 641-484-9426

SUN JUNE 27 2021
DEADLINE TO SIGNUP JUNE 18 2021
IN THE TRIBAL COURT OF THE SAC & FOX TRIBE OF THE MISSISSIPPI IN IOWA
MESKWAKI TRIBAL COURT
MESKWAKI SETTLEMENT

Case no.: NC-2021-0003
ORDER TO SHOW CAUSE
RE: NAME CHANGE

1. Petitioner, through himself/herself or a representative, is requesting the Court legally change Petitioner’s name:

From the present (first, middle, last)
JENNIFER DAWN SEABOY

To proposed name (first, middle, last)
JENNIFER DAWN WANATEE

2. The Court orders that all persons interested in this matter shall appear before it for a hearing to show cause, if any, why the petition for name change should not be granted.

NOTICE OF HEARING
Date of Hearing: June 2, 2021
Time: 11:00 AM
Location: Meskwaki Justice Center
307 Meskwaki Rd.
Meskwaki Settlement
Tama, IA 52339

Maurice R. Johnson, Associate Judge of the Tribal Court
Dated: April 8, 2021

IN THE TRIBAL COURT OF THE SAC & FOX TRIBE OF THE MISSISSIPPI IN IOWA
MESKWAKI TRIBAL COURT
MESKWAKI SETTLEMENT

Case no.: NC-2021-0002
ORDER TO SHOW CAUSE
RE: NAME CHANGE

1. Petitioner, through himself/herself or a representative, is requesting the Court legally change Petitioner’s name:

From the present (first, middle, last)
AMARIS LYNETTE LENORA WALKER

To proposed name (first, middle, last)
AMARIS LYNETTE LENORA ROBERTS

2. The Court orders that all persons interested in this matter shall appear before it for a hearing to show cause, if any, why the petition for name change should not be granted.

NOTICE OF HEARING
Date of Hearing: June 2, 2021
Time: 11:00 AM
Location: Meskwaki Justice Center
307 Meskwaki Rd.
Meskwaki Settlement
Tama, IA 52339

Maurice R. Johnson, Associate Judge of the Tribal Court
Dated: March 31, 2021
Sec. 3-5: Application Approval & Selection Process

1. A COMPLETE application is submitted & an Approval and Selection Acknowledgment is provided.

2. The Realty Officer (RO) will run a complete background check make an initial determination of eligibility based upon the background check.

3. After the RO verifies basic eligibility criteria, the application will be submitted to the Housing Committee (HC) for review. If the HC finds the application eligible, the applicant shall be added to the waiting list and the RO will send a certified letter with return receipt notifying the applicant.

4. If the HC finds the applicant ineligible to be placed on the waiting list, RO shall send a certified letter with return receipt within thirty (30) days of date of denial.

5. Upon completion of HC review, the HC will submit to the Tribal Council a recommendation for approval **after a homesite is available** and prior to the time of turnover.

6. Once approved by the Tribal Council, the Tribe and the assignee shall enter into a written Homesite Assignment Agreement as approved and adopted by the Tribal Council.

7. Once the Tribal Council approves an application and a homesite assignment has been approved, the Housing Department will assist the assignee in the selection of a homesite.

This is the third highlighted portion of the Housing Policies & Procedures. We intend to strengthen communication and build understanding of how the department operates. Each department has their own set of Policies and Procedures or Standard Operating Procedures (as some are called) to aid in consistent operations. Some departments also have desk guides to outline the activities of a specific position and they help during times of turnover.

**Why is this important to you?** We want to share how departments operate. We are responsible to follow execution of fair and equal practices set inside our codes and/or policies. And we don’t all do the same job, each of us have a guiding document to fulfill the tasks associated with our individual responsibilities. This is how we can start building a shared understanding of how we operate.

If you would like to sign up to be added to our email list, copy and paste this web address to a browser: https://forms.gle/yDePonVQrwWeewE6
WORKING TOWARDS BRIGHT FUTURES

The Meskwaki Elder Circle (MEC) will be in transition over the summer. The MEC monthly meetings have been on hold due to COVID-19. Recent progress from the vaccine clinics and relaxing restrictions throughout the counties and state may enable the MEC to meet sooner. MEC members will receive notice on timelines via MNT newsletter and direct mail. Once meetings resume we hope to organize a MEC Team meeting to discuss further updates and get back on track with our mediation trainings/meetings. MEC will resume monthly meetings, lively discussions, and mediation training to prepare for full family mediation sessions.

MEC is welcoming new team members, so if you are interested in joining our MEC team please reach out to Kayla Wanatee at 641-484-9333.

The current MEC Coordinator, Kayla Wanatee will be concluding her duties in the next few months with MEC. She will be leaving to further her education. Kayla will continue to work with the MEC to assist with the transition by getting future meetings and trainings organized before her departure. The new MEC Coordinator will be introduced and trained for a smooth transition. Kayla supports the Meskwaki Elders Circle team members and families through competent mediation services provided to the families served by the MNCSS and providing a collaborative platform to address child support matters in an environment of respect, honesty, humility and compassion.

“Thanks to the MEC members and their efforts to creating a support system for the families of our Tribe. With the care and understanding they carry, I believe the MEC and families they serve have a bright future.”

~Kayla Wanatee, MECC

<table>
<thead>
<tr>
<th>MEDICATION</th>
<th>LAWYERS + COURT</th>
</tr>
</thead>
<tbody>
<tr>
<td>time</td>
<td></td>
</tr>
<tr>
<td>days or weeks</td>
<td>months or years</td>
</tr>
<tr>
<td>money</td>
<td></td>
</tr>
<tr>
<td>$1,000 - $3,000 (usually)</td>
<td>$20,000 - $100,000 (usually)</td>
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<tr>
<td>feelings</td>
<td></td>
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<tr>
<td>keep distress to a minimum</td>
<td>anxiety, depression, hostility</td>
</tr>
<tr>
<td>power</td>
<td></td>
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<tr>
<td>YOU decide</td>
<td>a judge tells you what to do</td>
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<tr>
<td>inner</td>
<td></td>
</tr>
<tr>
<td>improved ability to cooperate for children's benefit</td>
<td>long-term resentment and bitterness</td>
</tr>
</tbody>
</table>

700 TAX RETURNS COMPLETED THIS YEAR

The 2020 tax season is finished! I would like to send a big thank you to the volunteers Amy Dye, Tiffany Kunkel, and Dalyn Wabaunsee for helping complete just over 700 tax returns this year. The Tama site was one of two locations to increase the number of tax returns completed over the 2019 tax season with a 27.2% increase. Through completion of returns, the group compiled $1,053,925 in federal refunds and $93,039 in state refunds. We will bring the free tax services back again next year so if you are interested in volunteering, please let me know and I can keep your information for training next tax season. The more volunteers, the more availability we have to help the community.

I would like to thank you all for allowing us to complete your returns and will see you again next year. If you still have not filed and/or need assistance, please don’t hesitate to reach out and I can assist.

Thanks again,
~ Rudy Papakee - Tama Tax Site Coordinator

BRING HER HOME. YOUR HELP IS NEEDED.
MISSING PERSON
$75,000 REWARD

The reward for anyone willing to come forward with new information that leads to finding Rita Janelle Papakee has been increased to $75,000.

On January 16, 2015 Rita Papakee was last seen at the Meskwaki Bingo Casino Hotel near Tama, Iowa. She has not been heard from since.

She was 41 years old at the time of her disappearance. She was described a Native American female with brown hair and brown eyes. She was 5'4" tall and weighed between 145-170 lbs.

If you have any information about what may have happened to her, please contact the number below.

Missing since January 16, 2015
RITA PAPAKEE

Please contact the Meskwaki Nation Police Department with any information about what may have happened.

(641) 484-4944
Text Information to: (641) 484-0923

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RITA PAPAKEE

Please contact the Meskwaki Nation Police Department with any information about what may have happened.

(641) 484-4944
Text Information to: (641) 484-0923
NOT SURE WHO TO CONTACT ABOUT WILDLIFE AND HUNTING ISSUES?

<table>
<thead>
<tr>
<th>Concern</th>
<th>Phone 484-3511</th>
<th>Phone 484-4844</th>
<th>Phone 484-9386</th>
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<tr>
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<tr>
<td>Domestic animal concerns</td>
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<td>Domestic animal health programs</td>
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<tr>
<td>Wildlife habitat management</td>
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<td>Wildlife health (e.g. CWD, rabies, etc)</td>
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<td>Wildlife surveys &amp; data collection</td>
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<tr>
<td>Wildlife Identification and desired habitat</td>
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<td>Injured wildlife concerns</td>
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<tr>
<td>Wildlife in resident buildings (garages, sheds, etc)</td>
<td>X</td>
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BUFFALO EXPANSION PROJECT

MNR is excited to finally announce the completion of the 72 acre buffalo expansion project. Over the past 4 years, MNR staff have worked tirelessly to complete the fence, restore the prairie habitat, and complete the watering systems for the herd for additional summer grazing land. Starting as early at this week (May 26), the expansion gates may be closed and locked for a period of time, up to 2 weeks, to allow the buffalo to graze the new paddocks! If you need access to the area during the short period of time, please use the outside perimeter or trails throughout the east forest.

As a reminder: if you damage any fence from driving, please notify MNR staff immediately at 641-484-3511.

Kudos to Kelly Schott for achieving her 15th year Anniversary working for the Tribe in the Natural Resources department. MNR would like to thank her for all your hard work and dedication!
MNCSS HONORS ALL THE FATHERS & FATHER FIGURES
“MY GUIDING LIGHT”
VIRTUAL PHOTO CHALLENGE

Happy Father's Day

Today we honor all the fathers in our life...

Grandfathers
Dads
Step-Dads
Adoptive Dads
Godfathers
Dads in Heaven
Dads-In-Law
Expecting Dads
Pet Dads
Honorary Dads

Meskwaki Nation Child Support Services (MNCSS) honors all the amazing Father figures & how they teach & guide you to live a healthy life!

How to Enter: Submit photo (up to 3) of you and your Father figure(s) making healthy lifestyle choices.

Where to Enter: Meskwaki Nation Child Support Services Facebook page, Meskwaki Nation Child Support Services FB Messenger, or send via text to Kimberly’s cell #641-481-0847.


*T-shirts will be given to those in the photos in July.*

**Add phone # & T-shirt sizes for those in photos; Photos will be displayed on the MNCSS Facebook Page & in an upcoming special edition newsletter**
PARENTING SKILLS CHECKLIST

Each area is important in rearing healthy, happy, & successful children. The Checklist is for you to use.

- I’m consistent, firm, fair when I discipline my child.
- I teach them to identify choices & make decisions.
- I know where my child is, what he or she is doing, and with whom.
- I create family routines, meals, & activities together.
- I require my child to do chores & work for family.
- I put my child’s school work on a wall, refrigerator, or bulletin board.
- I teach my child to respect other adults & authority.
- My child knows the rules/expectations in our house.
- I read & respond to information sent home regarding achievement of my child.
- I teach my child to tolerate differences in others.
- I help my child when they have difficulty in school.
- I am an example by not abusing alcohol or drugs.
- I hug and show affection to my child daily.
- I stress education by daily reading, checking homework, participating in teacher conferences, open houses, and volunteering my time or resources.
- I know my child’s teachers & keep in contact.
- My child is in school, on time, every day.
- I show hard work & personal responsibility.
- I set aside time each day to share their school day.
- My child has sufficient rest and nutrition daily.
- My child receives regular medical & dental care.
- I praise my child for good behavior & efforts.
- I volunteer at my child’s school & the community.
- I plan a family meeting once a week.
- I encourage regular family involvement activities.
- I know the importance of avoiding drugs, alcohol, and medications during pregnancy.
- I read with my child often. www.parenting.com

JUNE IS NATIONAL CANCER SURVIVOR MONTH

Time is the coin of your life. It is the only coin you have, and only you can determine how it will be spent. Be careful lest you let other people spend it for you.

Carl Sandburg

www.Thesilverpen.com

7 HEALTH FACTS MEN NEED TO KNOW

**DRINKING**

Those who consume 4 to 10 drinks a week at most have a lower risk of developing type 2 diabetes. Drinking more than 10 drinks a week almost doubles your risk of type 2 diabetes.

**SLEEP**

Men who sleep 7-8 hours a night have about 58% less risk of fatal heart attack than those who sleep 5 hours or less.

**MENTAL HEALTH**

Inactive men are 68% more likely to suffer from depression than those who are active.

**NUTRITION**

Getting your 5-7 servings of fruit and veggies is as simple as 1 apple, ½ an avocado, 1 stalk of celery, ½ a grapefruit, 5 pieces of broccoli.

Think about it...

When you buy these products at a local farmers market you are helping a little girl get dance lessons, a little boy get his team jersey, a parent put food on the table, a family pay a mortgage, or a student pay for college.

When you buy these types of products at a grocery store or chain restaurant you are helping a CEO buy a new boat or a jet or a third or fourth vacation home.

Learn more about our project at eatlocalgrown.com
APPRENTICESHIP STUDENTS WIN AWARDS

Meskwaki Nation Apprenticeship brings home the hardware and champion banners from Skills USA Post-Secondary College Trade Skill Contest!

Congrats to all of our players and thank you for getting out of your comfort zone and representing Meskwaki Nation at this contest.

This State Contest consisted of:

1) Resume
2) Technical Test
3) Professional Development Test
4) Hands-on Project

**College Plumbing:**
Jacob Youngbear (Gold Medal)

**College Electrical:**
Pfieffer Brown (Gold Medal)
Sky Walker Tyon (Silver Medal)
Aaron Davenport (Silver Medal)

**College HVAC/R:**
Corey Dye (Gold Medal)

**College Carpentry:**
Winston Wolf (Bronze Medal)
Celsie Van Wey (Silver Medal)
Michael Youngbear (Not Placed)

Thanks again to our coaches and staff for all the effort to get our first competition team started. We look forward to 2022!

Happy 11th Birthday to our baby girl Logan
Riyan Nunez!

We love you, Mom, Dad, Mes, Troy, Bishop & Family!
CALLING ALL ANGLERS

The Meskwaki PD is hosting a “2021 Meskwaki Heavyweight Catfish Tournament” on Saturday, June 19th and Sunday, June 20th.

Here are the details:

Register and check in on Saturday, June 19, from 11 AM to 12 PM at the Meskwaki Powwow Grounds and then feel free to fish anywhere in the state.

Then, return to the powwow grounds the next day, Sunday, June 20th from 11 AM to 12 PM to weigh-in your fish.

The winner will be determined by the highest combined weight for a five (5) fish limit.

Fish must be living at time of weigh-in. Dead fish will result in a .5 lb reduction in total combined weight.

Meskwaki anglers of all ages are invited to participate. There will be no pre-registration required and at no cost. The event is open to tribal members and descendants.

All fishing laws apply.

Participants may catch their fish anywhere in the State of Iowa, but failure to appear before 12 PM (noon), for weigh-ins on Sunday, June 20th will result in disqualification.

The winner will be announced following the completion of weigh-ins!

The catfish tournament winner will receive a custom “2021 Meskwaki Catfish Heavyweight Belt” (shown in pictures right) and the undisputed glory as WINNER!

*Alternate dates: June 26-27

Contact MNPD Conservation Officer Caleb Boyles at (641) 481-5916 or by email, cboyles.mnpd@meskwaki-nsn.gov, with any questions.

*EXCLUDED SUBJECTS* These subjects are not permitted on the Meskwaki Settlement. Violations by non-natives are a Federal Offense. Violations by natives are a mandatory minimum 30-day sentence. Harboring an excluded subject is also a mandatory minimum 30-day sentence. We encourage you to report violations for the safety of the community.
EVERY TEAM MEMBER MAKES A DIFFERENCE
CULTURE, COLLABORATION & COMMUNITY
Please take a look at the positions currently available to you.
We offer competitive wages, great group benefits (health, dental, life), paid vacation, sick leave, disability income protection, retirement benefits and more. 

(Indian preferences given in accordance with Sac & Fox Code, Title 9, Sec. 9-1303.)

ARPA Funding Assistant (Temporary)

Executive Management

DUTIES & RESPONSIBILITIES:

• Assist Executive Director in composing letters and other relevant correspondence.
• Help upkeep stakeholder database with relevant information.
• Work with Executive Director to input, gather and analyze data, statistics, demographic data and/or testimonials for use in applications, reports, and other supporting material.
• Aid Executive Director in gathering or creating any and all assets needed to generate reports and submissions for ARPA funded projects, such as photos, success stories, testimonials, etc.
• Perform other tasks and administrative support to the Executive Director as assigned.
• Maintains all ARPA funds grant records/files

REQUIREMENTS:

• BA/BS in related field
• Exceptionally strong writing and editing skills with experience in grant writing
• Proficient computer skills, especially Microsoft Office and Adobe
• Ability to organize and synthesize large amounts of data
• Skilled in analyzing and presenting data in compelling and informative ways
• Ability to work independently, be flexible, and manage multiple priorities and deadlines
• Desire to learn about grants and the inner-workings of a Tribal organization
• Cultural competency to work with individuals from diverse backgrounds

HOURLY SALARY: $21.97 - $33.08
POSITION OPEN UNTIL FILLED

For full job descriptions & information visit: https://meskwaki.applicantpro.com/jobs

ARPA Grant Application Specialist (Temporary)

Executive Management

DUTIES & RESPONSIBILITIES:

• Assists Coordinator in submitting applications through appropriate systems
• Collaborate with members of grant team in developing applications for submission.
• Prepare all supporting documentation for grant application submission.
• Review and recommend funding opportunities for application
• Edit application documents for accuracy in addressing grantor requirements
• Present grant application status reports to Grant Committee
• Assist Grant Writer in quantifying grant performance goals and objectives
• Review project and program documents, as requested by Grant Coordinator/Administrator
• Assist project managers with grants administration and overall technical issues during the project execution phase
• Track in-progress, pending, submitted and awarded proposals, and submit status reports as requested by Grant Coordinator
• Other duties as assigned

REQUIREMENTS:

• Bachelor’s degree in Communications, Public or Business Administration or related field
• Must possess strong writing and editing skills
• 2-3 years of experience working with deadlines and must possess organizational skills and communication skills and the ability to assist in coordinating multiple initiatives within given priorities.
• Previous experience working in Tribal Government, preferred.
• Some proficiency in researching, interpreting and analyzing grant and financial data.

HOURLY SALARY: $21.97 - $33.08
POSITION OPEN UNTIL FILLED

For full job descriptions & information visit: https://meskwaki.applicantpro.com/jobs/

ARPA Grant Manager Assistant (Temporary)

Executive Management

DUTIES & RESPONSIBILITIES:

• Help the Grant Office implement strategies for grant program sustainability, system capacity building, and stakeholder engagement, including enhancing external partnerships to support Tribal programs.
• Assist project managers in understanding and performing grant program management, compliance oversight and reporting responsibilities.
• Work to finalize program documents including applications, reports, budgets, and guidelines.
• Oversees grant activities to ensure compliance with budgets, guidelines, and processes including quality assurance and control.
• Generates reviews, reports and supporting documents for the Grant Committee.
• Compiles financial data, reports, and records including expenditure and budgetary reports, funder and board reports.
• Assists with reporting metrics and data tracking, program measurement, verification and evaluation activities.
• Maintains project records and assists in preparing modifications to resolve various application issues for grant funds.

REQUIREMENTS:

• One year experience in program or grant management, preferable.
• BS/BA in grant management, business administration, community development, or communications
• Ability to multitask
• Some knowledge and experience with grant management and oversight
• Ability to perform simple data analysis through spreadsheets.

HOURLY SALARY: $24.92 - $41.06
POSITION OPEN UNTIL FILLED

For full job descriptions & information visit: https://meskwaki.applicantpro.com/jobs/

Behavioral Health Services Director
Health Clinic - Behavioral Health

DUTIES & RESPONSIBILITIES:
• Develop annual budget and program to meet the needs of the Meskwaki community
• Ensure that services are culturally competent, strengths based, recovery based, focused on rehabilitation and are inclusive of Person preferences. Ensure that the Person is at the center of all care and that all interventions are developed and provided in a manner consistent with Person preferences.
• Oversee all administrative and clinical functions of team and oversight of services for all Persons. Monitor overall service delivery and utilization of supports for up persons served.
• Oversee the completion and direction of clinical assessments and assessments related to risk and crisis management. Ensure that assessments are inclusive of the Person’s preferences, are strength based and culturally competent.
• Ensure that clinicians complete intakes in timely manner and that risk is appropriately assessed.
• Ensure that staff members are focused on independence and strength based intervention in order to assist Persons in their goals.
• Provide direct clinical interventions and adapt the individual’s treatment plans as needed.
• Provide on-call backup clinical support to staff on a rotating basis.
• Supervise staff, develop assignments and duties, and coordinate training, education, prevention and community involvement.
• Implement the MBHS policies and procedures manual during daily operations.
• Maintain appropriate licensure standards for facility and staff.
• Implement education and prevention activities.
• Develop and implement quality assurance and quality improvement standards to all program goals and objectives.
• Comply with Indian Health Services Tribal 638 Contract requirements.
• Assist with counseling, referrals and follow-up for individuals, groups and families, as necessary.
• Evaluate staff and program in regard to program goals and scope of work.
• Other duties as assigned.

REQUIREMENTS:
• Master’s Degree in Mental Health Counseling, and 5 years of experience in treatment program administration OR an equivalent combination of education and experience.
• Must possess independent clinical licensure in the state of Iowa (LISW, LMHC, LMFT or equivalent certification.
• Prefer experience working the Native Americans.
• Must possess valid driver’s license and be willing to travel to attend workshops, seminars and meetings.
• Must respect Meskwaki cultural beliefs.
• Have ability to make sound decisions.
• Demonstrated knowledge and experience in teambuilding and teamwork.
• Must submit to and successfully complete background investigation.

SALARY: DOQ
POSITION OPEN UNTIL FILLED

For full job descriptions & information visit: https://meskwaki.applicantpro.com/jobs/

Dental Hygienist
Health Clinic - Dental

DUTIES & RESPONSIBILITIES:
• Complete patient screening procedures such as assessment of oral health conditions, reviewing health history, oral cancer screening, head and neck inspection, dental charting and taking blood pressure and pulse.
• Taking and uploading dental radiography.
• Removing calculus and plaque from all surfaces of the teeth.
• Applying preventive materials to the teeth such as sealants and fluoride.
• Instructing patients on appropriate oral hygiene strategies to maintain oral health such as tooth brushing and flossing.
• Counsel patients about good nutrition and the impact on oral health.
• Make impressions of patient’s teeth for study cast models.
• Documentation and office management activities with Nextgen Software.
• Administer local anesthetic agents.
• Other duties as assigned.

REQUIREMENTS:
• Must be a Registered Dental Hygienist in good standing with licensure board.
• Must have at least 2 years of experience after clinical rotation.
• Prefer employment as clinical dental hygienist in 12 of the last 36 months.
• Must be able to work independently with minimal supervision.
• Must possess CPR Certification.
EMPLOYMENT

• Must submit and pass a federal background check.
• Must adhere to confidentiality guidelines.

SALARY: DOQ
POSITION OPEN UNTIL FILLED
For full job descriptions & information visit: https://meskwaki.applicantpro.com/jobs/

Farm Team Member (Seasonal)
Workforce Development/Red Earth Gardens
DUTIES & RESPONSIBILITIES:
• This is a seasonal, hands-on organic farming position involving seeding, transplanting, weeding, harvesting, washing, packaging and distribution of produce, some maintenance and repair and other farming tasks.
• Operate farm equipment required for mowing, tilling, cultivating, seeding and harvesting produce. Training will be provided to ensure safety and proper use of equipment, including tractors and mower.
• If a task is completed before another task is assigned, make use of time by doing a job on the packhouse whiteboard, such as cleaning or weeding ends of vegetable rows in the field.
• Able to staff the Red Earth Gardens Farm Stand as needed, providing customer service, totaling produce purchases and providing correct change.
• Other duties as assigned.

REQUIREMENTS:
• High School Diploma or GED.
• PTEC preference preferred.
• Experience working in positions that require effective communication and teamwork.
• Some knowledge of gardening, greenhouse work, farming or local foods required.
• Ability to work outdoors for long periods of time.
• Requires someone to be willing to learn and to multi-task with attention to detail.
• PreferValid Driver’s License and qualifies to become an acceptable driver under the Tribe’s insurance.

HOURLY SALARY: $12.00
POSITION OPEN UNTIL FILLED
For full job descriptions & information visit: https://meskwaki.applicantpro.com/jobs/

Meskwaki Health Clinic Transport

Tatum will be available to transport anyone during the week days (Mon-Fri) from 8:00am-4:30pm to and from any daily grocery runs, Walmart, bank, etc... Contact Tatum to set up a time for a transport. Please remember to wear a mask, it is required!
Contact Tatum at: (641) 481-5067 or (641) 484-4094 ext. 9410

EMPLOYMENT OPPORTUNITIES
1-888-797-0049
meskwaki.com/careers

JOB SPOTLIGHT
SURVEILLANCE OBSERVER
FT - $14 PER HOUR

Observes casino or casino hotel operations for irregular activities such as cheating or theft by either employees or patrons in order to protect casino assets and assist in efforts to maintain adherence to internal controls, departmental procedures and other company policies.

NEW: Masks are not required for those who are fully vaccinated.

For everyone’s health and safety, we strongly encourage those who have not been fully vaccinated to follow CDC guidance and continue to wear masks while on property.
### Meskwaki Nation Times

**Preserving sovereignty, protecting traditions, promoting culture and building a stronger community through information, communication, and support.**

Visit us on-line for the most up-to-date information posted daily!

**WWW.MESKWAKI.ORG**

- **Community Calendar**
- **Career Opportunities**
- **“In The News”**
- & more!

Tribal Council Minutes, Election info, and more is located in the “Members Only” section of the site.

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**Next Per Cap distribution:** Friday, June 11, 2021

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**Congrats to all the 2021 Graduates! Great job on all your hard work!**

Look for a Meskwaki Nation Times Special Edition featuring the grads to come out soon.

If you have a graduate that you’d like to congratulate in the edition, please email to: media@meskwaki-nsn.gov before Thursday, June 10, 2021.

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**June 2021**

*“And so with the sunshine and the great bursts of leaves growing on the trees, just as things grow in fast movies, I had that familiar conviction that life was beginning over again with the summer.*

> ~ F. Scott Fitzgerald, The Great Gatsby

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<td>Turkey Sub w/ Wheat Bun Baked Plain Chips Watermelon</td>
<td>Meatloaf Slice of Bread Green Beans Mashed Potatoes Pears</td>
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<td>Chili w/ Frito Pie Cucumber Slices Blueberries</td>
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<td>Hotdog w/ Wheat Bun Potato Salad Cantaloupe</td>
<td>Tuna Salad w/ Wheat Bun Celery/Carrot Sticks Strawberries</td>
<td>Chicken &amp; Noodles Oyster Crackers Orange Fluff</td>
<td>Hamburger &amp; Pork &amp; Beans Wheat Bread Broccoli Grapes</td>
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<td>Beef &amp; Egg Noodles Peas Tropical Fruit</td>
<td>Chicken Strips Slice of Bread Mashed Potatoes Blackberries</td>
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<td>Baked BBQ Chicken Bread Roll Coleslaw Mandarin Oranges</td>
<td>Fish &amp; Cheese Sandwich on Wheat Bun Steamed Carrots</td>
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<td>Indian Tacos w/ Frybread Lettuce/Onion/Tomato/Cheese Mixed Berries</td>
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<td>Beef Lasagna Bread Sticks Green Beans Cantaloupe</td>
<td>Pork Fritters w/ Gravy Wheat Bread Cauliflower Mashed Potatoes</td>
<td>Chicken &amp; Wild Rice Soup w/ Frybread Wabikoni (Squash) Berries</td>
<td>Tater Tot Casserole Mixed Veggies Cottage Cheese Apple Sauce</td>
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<td>Tuna &amp; Noodle Casserole w/ Bread Mixed Veggies Tropical Fruit</td>
<td>Roast Beef Bread Celery Sticks Steamed Carrots Grapes</td>
<td>Please call before 10:00 a.m. if you know you will not be home for your meal! Call 484-9324. Thank you.</td>
<td>Meals are subject to change without notice!</td>
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